November 2019

Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:00 Walmart (FL) 9:30 **Yoga w/Celeste** (WC) 10:00 Today in History (TH) 11:00 Chair Exercise (ALDR) 1:30 Trivia Challenge (TH) 2:45 B*I*N*G*O(TV) 4:00 Wine Down (TH) 6:00 Scrabble (TH)	**2** 9:15 Sat. Morning Exercise (TV) 10:00 Coffee, Cappuccino & Conversation (TH) 10:30 New Resident Orientation (TH) 11:00 Morning Stretch (ALDR) 1:00 Game of Choice (TV) 2:00 Today in History (TH) 3:00 B*I*N*G*O(TV) 4:00 Happy Hour (TH) 6:00 Dominoes (TH)
3 9:00 NorthEnd Baptist Church-Sunday School (CH) 9:30 Sunday Morning Coffee (TH) 11:00 Sit & Stretch (ALDR) 1:30 Mah Jongg (TV) 2:00 Word in a Word (TH) 3:00 Story Telling (TH) 4:00 Trivia Challenge (TH) 6:00 Skip-Bo Card Game (TV) Daylight Saving Time Ends	**4** **National Candy Day** 9:30 Monday Mover Exercise (WC) 10:00 Crafter's Cove (AC) 10:00 Paparazzi Jewelry by Lani (TH) 11:00 Chair Exercise (ALDR) 1:30 Trivia Challenge (TH) 2:45 B*I*N*G*O(TV) 4:00 Time for Wine (TH) 6:00 Skip-Bo Card Game (TV)	**5** National Donut Day 9:30 **Catholic Service** (CH) 9:45 Coffee & Conversation (TH) 10:30 Java w/Jamie (TV) 10:30 **Chair Exercise w/Carrie** (WC) 11:00 Sit & Stretch Exercise (ALDR) 1:00 Bridge Group (PR) 1:30 Food for Thought w/Sedonia (CH) 2:00 Activity Event Planning Meeting (CH) 3:00 Farkle Dice Game w/Roxanne (TV) 4:00 Mind Joggers (TH) 6:00 Movie & Popcorn (TV)	**6** 9:30 **Zumba w/Tricia** (WC) 10:00 What am I? (TH) 10:30 Piano Music by Gladys (TH) 11:00 Resistance Band Exercise (ALDR) 1:00 Bible Lesson w/Claude (TV) 2:45 B*I*N*G*O (TV) 4:00 **All Resident Council Meeting** (TV) 6:00 **Music by Clint Faulk** (TH)	**7** **National Stress Awareness Day** 9:30 Mindful Movement (WC) 10:00 **S.H.I.N.E Bible Study w/ Chandra Jones** (TV) 11:00 Sit & Stretch (ALDR) 1:30 Mah Jongg (TV) 2:30 Resident Birthday Party (TH) 3:00 Dominoes (TV) 4:00 Trivia Challenge (TH) 6:00 Technology Class (TV)	**8** 9:00 Walmart (FL) 9:30 **Yoga w/Celeste** (WC) 10:00 Red Hatters Meeting (TV) 11:00 Resistance Band Exercise (ALDR) 1:00 Resident Led Games (TV) 1:30 Trivia Challenge (TH) 2:45 B*I*N*G*O(TV) 4:00 Mix & Mingle (TH) 6:00 Dominoes (TV)	**9** 9:15 Sat. Morning Exercise (TV) 10:00 Coffee, Cappuccino & Conversation (TH) 11:00 Morning Stretch (ALDR) 1:00 Game of Choice (TV) 2:00 Today in History (TH) 3:00 B*I*N*G*O(TV) 4:00 Happy Hour (TH) 6:00 Dominoes (TH)
10 9:00 NorthEnd Baptist Church-Sunday School (CH) 9:30 Sunday Morning Coffee (TH) 11:00 Sit & Stretch (ALDR) 1:30 Mah Jongg (TV) 2:00 Word in a Word (TH) 3:00 Famous Folks Trivia (TH) 4:00 Talk of the Town (TH) 6:00 Game of Choice-Skip-Bo, Dominoes, Yahtzee (TV)	**11** 9:30 Monday Movers Exercise (WC) 10:00 **Veterans Program (TH)** 10:00 Paparazzi Jewelry by Lani (TH) 10:30 **Hallelujah w/First Baptist Choir (CH)** 11:00 Twist & Shout Exercise (ALDR) 1:30 Discussion Group (TH) 2:00 B/P Checks w/Encompass (TH) 2:45 B*I*N*G*O(TV) 4:00 Time for Wine (TH) 6:00 **Hallelujah Night (CH)** Veterans Day (US) Remembrance Day (Canada)	**12** 9:30 **Catholic Service** (CH) 9:45 Coffee & Conversation (TH) 10:30 **First United Methodist Church** (CH) 10:30 ROMEO Men's Lunch Outing (FL) 10:30 **Sit & Stretch Exercise w/Carrie** (WC) 11:00 Balance & Toning Exercise (ALDR) **1:30 Volunteer Voices of Beaumont (TH)** 2:30 Farkle Dice Game w/Roxanne (TV) 4:00 Engage Your Brain (TH) 6:00 **Music by Sabine River Bend Band** (TH)	**13** **World Kindness Day** 9:30 Zumba w/Tricia (WC) 10:00 What am I? (TH) 10:30 **Piano Music by Gladys** (TH) 10:30 **Resident Lunch Outing-Catfish Cabin (FL)** 11:00 Chair Exercise (ALDR) 1:00 Bible Lesson w/Claude (TV) 1:00 Pretty Nails (AC) 2:45 B*I*N*G*O (TV) 4:00 You be the Judge (TH) 6:00 Bible Study w/Roxanne & Gene (TV)	**14** **World Diabetes Day** 9:30 Twist & Shout Exercise (WC) 10:00 **S.H.I.N.E Bible Study w/ Chandra Jones** (TV) 11:00 Sit & Stretch (ALDR) 1:30 Mah Jongg (TV) 2:00 Today in History (TH) 3:00 Technology Class (TV) 4:00 Junk Drawer Detective (TH) 6:00 **Music by Cajun Band** (TH)	**15** 9:00 Walmart (FL) 9:30 **Yoga Exercise w/Celeste** (WC) 10:00 Short Story-A Trip to Granddaughters 11:00 Resistance Band Exercise (ALDR) 1:00 Resident Led Games (TH) 1:30 Modern Jeopardy Trivia (TH) 2:45 B*I*N*G*O(TV) 4:00 Mix & Mingle (TH) 6:00 Gospel Singing w/Eric (TH)	**16** 9:15 Sat. Morning Exercise (TV) 10:00 Coffee, Cappuccino & Conversation (TH) 11:00 Morning Stretch (ALDR) 1:30 Game of Choice (TV) 2:00 I Love Lucy Show (TV) 3:00 B*I*N*G*O(TV) 4:00 Happy Hour (TH) 6:00 Skip-Bo (TV)
17 9:00 NorthEnd Baptist Church-Sunday School (CH) 9:30 Sunday Morning Coffee (TH) 11:00 Sit & Stretch (ALDR) 1:30 Mah Jongg (TV) 2:00 Word in a Word (TH) 3:00 Chat Pack (TH) 4:00 Sabine Tabernacle Church (CH) 6:00 Dominoes (TV)	**18** 9:30 Monday Movers Exercise (WC) 10:00 **Big Band Sing-along w/Lon** (TH) 10:00 Paparazzi Jewelry by Lani (TH) 11:00 Resistance Band Exercise (ALDR) 1:30 Who am I? (TH) 2:45 B*I*N*G*O(TV) 4:00 Time for Wine (TH) 6:00 **Music by Jerry Miller** (TH)	**19** 9:30 **Catholic Service** (CH) 9:45 Coffee & Conversation (TH) 10:30 **Chair Exercise w/Carrie** (WC) 10:30 Java w/Jamie (TV) 11:00 Muscle Toning Exercise (ALDR) 11:30 Military Luncheon (TV) 2:00 Ice Cream Social (TH) 2:30 Blood Pressure Checks w/Nicole (TH) 3:00 Farkle Dice Game w/Roxanne (TV) 4:00 Mind Joggers (TH) 6:00 Pokeno w/Shelia (TH)	**20** 9:00 Delta Downs Casino Trip (FL) 9:30 Zumba w/Tricia (WC) 10:00 **Music & Ministry-The Pearson's** (CH) 11:00 Mindful Movement Exercise (ALDR) 1:00 Bible Lesson w/Claude (TV) 2:45 B*I*N*G*O (TV) 4:00 Today in History (TH) 6:00 **Music by The Ray Solis Duo** (TH)	**21** 9:00 Jewelry by Judy Rexses (TH) 9:30 Stand Up Exercise (WC) 10:00 **S.H.I.N.E Bible Study w/ Chandra Jones** (TV) 11:00 Sit & Stretch Exercise (ALDR) 1:00 Christmas Market (TH) 1:30 Mah Jongg (TV) 2:30 HealthCare Moments w/Encompass (CH) 3:00 Resident Referral Party (TV) 4:00 Trivia Challenge (TH) 6:00 **Music by Hunter Courts** (TH)	**22** 9:00 Walmart (FL) 9:30 **Yoga Exercise w/Celeste** (WC) 10:00 Gospel Music w/Mike Freeman (TH) 11:00 Resistance Band Exercise (ALDR) 1:30 Trivia Challenge (TH) 2:45 B*I*N*G*O (TV) 4:00 Mix & Mingle (TH) 6:00 Skip-bo (TV)	**23** 9:15 Sat. Morning Exercise (TV) 10:00 Coffee, Cappuccino & Conversation (TH) 11:00 Morning Stretch (ALDR) 1:30 Remember When (TH) 2:00 Scrabble (ALDR) 3:00 B*I*N*G*O(TV) 4:00 Happy Hour (TH) 6:00 Game of Choice-Skip bo, Dominoes,
24 9:00 NorthEnd Baptist Church-Sunday School (CH) 9:30 Sunday Morning Coffee (TH) 11:00 Sit & Stretch (ALDR) 1:30 Mah Jongg (TV) 2:00 Word in a Word (TH) 2:45 Red Hatters B*I*N*G*O (TV) 4:00 Remember When (TH) 6:00 Game of Choice-Skip-Bo, Dominos, Yahtzee (TV)	**25** 9:30 Monday Movers Exercise (WC) 10:00 Crafters Cove (AC) 10:00 Paparazzi Jewelry by Lani (TH) 11:00 Twist & Shout Exercise (ALDR) 1:30 Funny Bones (TH) 2:45 B*I*N*G*O(TV) 4:00 Time for Wine (TH) 6:00 **Music by Rod Rishard** (TH)	**26** **National Cake Day** 9:30 **Catholic Service** (CH) 10:00 Coffee & Conversation (TH) 10:30 **Chair Exercise w/Carrie** (WC) 11:00 Muscle Toning Exercise (ALDR) 1:30 **Music by Heart to Heart Band** (TH) 4:00 Trivia Challenge (TH) 4:30 Friendsgiving (TV)	**27** **National Day of Giving** 9:30 Silver Sneakers w/Celeste (WC) 10:30 **Piano Music by Gladys** (TH) 11:00 Mindful Movement Exercise (ALDR) 1:00 Bible Lesson w/Claude (TV) 1:00 Pretty Nails (AC) 2:45 B*I*N*G*O (TV) 4:00 Famous Folk Trivia (TH) 6:00 Bible Study w/Roxanne & Gene (TV)	**28** 9:30 Twist & Shout Exercise (WC) 10:00 **S.H.I.N.E Bible Study w/ Chandra Jones** (TV) 11:00 Sit & Stretch (ALDR) 1:30 Mah Jongg (TV) 2:00 Movie & Popcorn (TV) 6:00 Skip-bo (TV) Thanksgiving Day (US)	**29** **Black Friday** 9:00 Walmart (FL) 9:30 **Yoga Exercise w/Celeste** (WC) 10:00 Mind Joggers (TH) 11:00 Resistance Band Exercise (ALDR) 1:30 Trivia Challenge (TH) 2:45 B*I*N*G*O(TV) 4:00 Mix & Mingle (TH) 6:00 Dominoes (TV)	**30** 9:15 Sat. Morning Exercise (TV) 10:00 Coffee, Cappuccino & Conversation (TH) 11:00 Morning Stretch (ALDR) 1:30 Trivia (TH) 2:00 Scrabble (ALDR) 3:00 B*I*N*G*O(TV) 4:00 Happy Hour (TH) 6:00 Game of Choice (TV)

Collier Park Senior Living. 4650 Collier Street, Beaumont, TX 77706. If you would like to volunteer, please contact Roxanne our Life Enrichment Director at (409) 899-4800.