

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
The Gem Memory Care 4500 Dobry Drive Sterling Heights, Mi. 48314 (586) 803-0900	 Cognitive  Creative  Emotional  Physical  Purposeful  Sensory  Social  Spiritual	Beauty Salon Open 9:00  In the News 10:00  Rise & Shine Fitness 10:30  Jane's Walking Club 11:30  Room Visits 1:30  Bingo 3:00  Beach Ball Volley Ball 3:30  Snack & Chat	9:00  In the News 10:00  Arthritis Relief Exercise 11:00  Rosary with Danuta 2:00  Gary Richards Performs 3:00  Reminiscing-IN2L Baking 3:30  Snack & Chat 4:00  Dining Prep Club 6:00  Casino Night	9:00  In the News 10:00  Sit & Be Fit 10:30  Walking Club 11:00  Floor Hockey 1:30  Yates Cider Mill Outing 3:30  Snack & Chat 6:00  Adult Coloring	9:00  In the News 10:00  Yoga 10:30  Puzzle Fun 11:00  Brain Games IN2L 2:00  Oktoberfest 3:00  Let's Get Together! 3:30  Snack & Chat 6:00  Friday Night Musical	Happy Birthday Pamela S.! 10:00  Margaret's Walking Club 11:00  Non-Denominational Church Service IN2L 3:30  Snack & Chat 4:00  Catholic Church Service IN2L 6:00  Saturday Night Movie	
	9:00  In the News 11:00  Catholic Church Service IN2L 12:30  Dining Prep Club 3:00  Travel around The World-IN2L 3:30  Snack & Chat 5:30  Sunday Night Movie 6:30  Evening Prayers	9:00  In the News 10:00  Chair Dancing 10:30  Walking Club 11:00  Balloon Toss 1:30  Pamper Yourself 3:00  Tender Hearts Crafts 3:30  Snack & Chat 6:00  How Much Was It?	Beauty Salon Open 9:00  In the News 10:00  Rise & Shine Fitness 10:30  Jane's Walking Club 11:30  Room Visits 2:00  Movin & Groovin with Kathleen 3:00  Bingo 3:30  Snack & Chat 6:00  Dementia Support Group 6:00  The Matching Game	9:00  In the News 10:00  Arthritis Relief Exercise 11:00  Rosary with Danuta 2:00  Pumpkin Decorating 3:30  Snack & Chat 4:00  Dining Prep Club 6:00  Casino Night	9:00  In the News 10:00  Sit & Be Fit 11:00  Bean Bag Twister 1:30  Blossoms Cafe Outing 3:30  Snack & Chat 6:00  Adult Coloring	9:00  In the News 10:00  Yoga 11:00  "Buddy" Pet Therapy 11:00  Crossword-IN2L 2:00  Parachute Fun! 3:00  Ice Cream Social 3:30  Snack & Chat 6:00  Friday Night Musical	10:00  Margaret's Walking Club 11:00  Non-Denominational Church Service IN2L 3:30  Snack & Chat 4:00  Catholic Church Service IN2L 6:00  Saturday Night Movie
	9:00  In the News 11:00  Catholic Church Service IN2L 12:30  Dining Prep Club 3:00  Travel around The World-IN2L 3:30  Snack & Chat 5:30  Sunday Night Movie 6:30  Evening Prayers	9:00  In the News 10:00  Chair Dancing 11:30  Who Wants To Be A Millionaire? 1:30  Pamper Yourself 3:00  Tender Hearts Crafts 3:30  Snack & Chat 6:00  How Much Was It?	Beauty Salon Open 9:00  In the News 10:00  Rise & Shine Fitness 10:30  Jane's Walking Club 11:30  Flower Arranging 1:30  Bingo 3:00  Animal Trivia 3:30  Snack & Chat 6:00  Scott Vernier Performs	9:00  In the News 10:00  Arthritis Relief Exercise 11:00  Rosary with Danuta/ Communion 2:00  Leaf Pressing Craft 3:30  Snack & Chat 4:00  Dining Prep Club 6:00  Casino Night	9:00  In the News 10:00  Sit & Be Fit 10:30  Puzzle Fun 11:00  Floor Hockey 1:30  Big Boy Outing 3:30  Snack & Chat 6:00  Adult Coloring	9:00  In the News 10:00  Yoga 11:00  Brain Games 2:00  Travel around The World-IN2L 3:00  Cooking Demo with Chris 3:30  Snack & Chat 6:00  Friday Night Musical	10:00  Margaret's Walking Club 11:00  Non-Denominational Church Service IN2L 3:30  Snack & Chat 4:00  Catholic Church Service IN2L 6:00  Saturday Night Movie
	9:00  In the News 11:00  Catholic Church Service IN2L 12:30  Dining Prep Club 3:00  Travel around The World-IN2L 3:30  Snack & Chat 5:30  Sunday Night Movie 6:30  Evening Prayers	9:00  In the News 10:00  Chair Dancing 10:30  Whats in the bag? 11:30  Yahtzee 1:30  Pamper Yourself 3:00  Tender Hearts Crafts 3:30  Snack & Chat 6:00  How Much Was It?	Beauty Salon Open 9:00  In the News 10:00  Rise & Shine Fitness 10:30  Jane's Walking Club 11:30  Room Visits 1:30  Bingo 3:00  Gardening trivia 3:30  Snack & Chat 6:00  The Matching Game	9:00  In the News 10:00  Arthritis Relief Exercise 11:00  Rosary with Danuta 2:30  Halloween Birthday Party with Jeff Breza 3:30  Snack & Chat 4:00  Dining Prep Club 6:00  Casino Night	9:00  In the News 10:00  Sit & Be Fit 10:30  Geography Game 11:30  Floor Hockey 1:30  Fall Colors Tour Outing 3:30  Snack & Chat 6:00  Adult Coloring	9:00  In the News 10:00  Yoga 11:00  Brain Games 2:00  Table top Balloon Toss 3:00  Cider & Donuts Social 3:30  Snack & Chat 6:00  Friday Night Musical	10:00  Margaret's Walking Club 11:00  Non-Denominational Church Service IN2L 3:30  Snack & Chat 4:00  Catholic Church Service IN2L 6:00  Saturday Night Movie
	9:00  In the News 11:00  Catholic Church Service IN2L 12:30  Dining Prep Club 3:00  Travel around The World-IN2L 3:30  Snack & Chat 5:30  Sunday Night Movie 6:30  Evening Prayers	9:00  In the News 10:00  Chair Dancing 11:30  Who Wants To Be A Millionaire? 1:30  Pamper Yourself 3:00  Tender Hearts Crafts 3:30  Snack & Chat 6:00  How Much Was It?	Beauty Salon Open 9:00  In the News 10:00  Rise & Shine Fitness 10:30  Jane's Walking Club 11:30  Room Visits 2:00  Bingo 3:00  Yahtzee 6:00  The Matching Game	9:00  In the News 10:00  Arthritis Relief Exercise 11:00  Rosary with Danuta 1:30  Card Games 3:00  Singalong with Mary Sue-IN2L 3:30  Snack & Chat 4:00  Dining Prep Club 6:00  Casino Night	Happy Halloween! 9:00  In the News 10:00  Sit & Be Fit 11:00  Halloween Trivia 11:30  Floor Hockey 1:30  Tilson Street Outing 3:30  Snack & Chat		