## October 2019



October 201			A CONTRACTOR			created sogely
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TOWN VILLAGE AUDUBON PARK A GRACE MGMT COMMUNITY	Cognitive Creative Emotional Inter-generational Physical Purposeful Social Spiritual	9:00 Weights (Class A) [TH] 10:30 Bible Study [AR] 10:30 Weights (Class B) [TH] 2:00 Balance Exercise [TH] 3:00 ✓ Sing-along with Hymns [TH]	9:00 Power Stretch & Tone Aqua [P]  10:00 Girls with Pearls [B]  11:00 Eastgate Shopping Center and Bank [BT]  1:30 Stitercise [TH]  2:00 Especial Holiday Shopping Trip to	10:00	9:00 Halmark/Gould's Academy Personal Trip/ First Tennessee Bank/ Regions Bank [BT] 9:00 Power Stretch & Tone Aqua [P] 9:30 Catholic Mass [TH] 10:00 Special Birthday Party for Teddy (Karen Hutson's Dog) [BP] 11:00 Target, Superlo, and Post Office [BT] 3:30 Happy Hour with Shelby Johnson/ Meet Shelbie's new husband J. D. [B] 7:30 Pay for Play Bingo [DR]	9:30 Sudoku 101 [AR] 10:00 Sudoku 101 [AR] 11:00 Southaven Shop at Walmart/J C Penney/Dillards/ or Others &/or Eat at Steak 'n Shake/5 Guys Burgers [BT] 2:00 Goodwill Drop-Off [BH] 3:00 Billiards [BR] 3:00 Vintage TV Show [TH]
8:15 W Ridgeway Baptist Church [FD]  8:45 W Cherry Road Baptist Church [BT]  9:00 W 2nd Presbyterian Church [BT]  9:15 W Christ United Methodist Church [BT]  9:45 W Holy Rosary Church [BT]  10:10 W Cherry Road Baptist Church [BT]  2:00 W Worship Service with Fellowship Memphis [TH]  3:00 Afternoon Movie [TH]	9:00 → Power Stretch & Tone Aqua [P]  9:00 → Rosary and Prayer [AR]  10:00 → Tai Chi [TH]  10:30 → Oak Court Mall (One & One Half Hour) Sprouts and Walgreens [BT]  1:00 → Yoga [TH]  1:15 → Kroger [BT]  2:00 → Activity Planning Meeting [B]  3:00 → Billiards [BR]  3:00 → Billiards [BR]  3:00 → Shopping at Laurelwood including Nordstrom Rack & Novel! [BT]  7:30 → Pay for Play Bingo [DR]	9:00 Weights (Class A) [TH]  10:00 Jewelry Cleaning & Cupcakes with Home Instead [B]  10:30 Bible Study [AR]  10:30 Weights (Class B) [TH]  2:00 Balance Exercise [TH]  3:00 Short Story Society [TH]	9:00 ₩ Bible Study [TH] 9:00 ➡ Power Stretch & Tone Aqua [P] 9:30 ♥ Trip to Library [BT] 10:00 ♥ Bo's Coffee Talk [DR] 11:00 ₩ Eastgate Shopping Center and Bank [BT] 11:00 ♥ New Resident Lunch and Orientation [DR] 1:30 ➡ Sittercise [TH] 2:00 ※ XBOX Bowling [TH] 3:00 ♥ Chess, Checker & Board Games [AR] 7:30 ♥ Pay for Play Bingo [DR]	10:00  Town Village Veteran's Club [B]  10:00  Weights [TH]  1:00  Menu/Food Committee Meeting [TH]  1:30  Elmwood Cemetery Guided Bus Tour \$15 [BT]  2:00  Balance Exercise [TH]  2:00  Shuffleboard  3:00  Learn Sign Language with Betty Krone [TH]  7:00  Power Hour' Bible Study [TH]	9:00 Halmark/Gould's Academy Personal Trip/First Tennessee Bank/Regions Bank [BT] 9:00 Power Stretch & Tone Aqua [P] 9:45 Catholic Communion [TH] 11:00 Target, Superlo, and Post Office [BT] 3:30 Happy Hour with Adam Levin [B] 7:30 Pay for Play Bingo [DR]	9:00 Breakfast at McDonalds [BT]  10:00 Line Dancing with Orvill [B]  10:30 XBOX Bowling [TH]  2:00 Big Prize Bingo [DR]  3:00 Billiards [BR]  3:00 Vintage TV Show [TH]
[FD] 8:45  Cherry Road Baptist Church [BT] 9:00  2nd Presbyterian Church [BT] 9:15  Christ United Methodist Church [BT] 9:15  St. Luke's United Methodist Church [BT] 9:45  Holy Rosary Church [BT] 10:10  Cherry Road Baptist Church [BT]	Columbus Day  9:00 ↔ Power Stretch & Tone Aqua [P] 9:00 ❤ Rosary and Prayer [AR]  10:00 ↔ Tai Chi [TH]  10:30 ❤ Oak Court Mall (One & One Half Hour) Sprouts and Walgreens [BT]  1:00 ↔ Yoga [TH]  1:15 ❤ Kroger [BT]  1:30 ❤ Resident Council Meeting (Members Only)  [AR]  3:00 ↔ Billiards [BR]  3:00 ↔ Classical Music Group Meeting [AR]  7:30 ❤ Nonconnah Creek Conservancy [TH]  7:30 ❤ Pay for Play Bingo [DR]	9:00 Weights (Class A) [TH] 10:30 Bible Study [AR] 10:30 Weights (Class B) [TH] 2:00 Balance Exercise [TH] 3:00 Sing-along with Standards/Show Tunes [TH]	9:00 W Bible Study [TH] 9:00 Power Stretch & Tone Aqua [P]  10:00 Mature Men with Mugs in the Morning [B]  11:00 Eastgate Shopping Center and Bank [BT]  12:30 Creative Aging Presents Tennessee Shakespeare at Theatre Memphis [BT]  1:30 Sittercise [TH]  2:00 Mature Men with Mugs in the Morning [BT]  1:30 Cheston Aging Presents Tennessee Shakespeare at Theatre Memphis [BT]  1:30 Sittercise [TH]  2:00 Mature Men with Mugs in the Morning [BT]  1:30 Pay For Play Bingo [DR]	9:00  Forever Young Veterans [BT]  10:00  Weights [TH] 2:00  Balance Exercise [TH] 2:00  Open Art Studio with Lindsey [AR] 2:00  Shuffleboard 2:30  Trivia and History [TH] 3:00  Learn Sign Language with Betty Krone [TH] 7:00  Power Hour Bible Study [TH]	9:00	10:00 Sudoku 101 [AR] 10:30 Lunch Out to the Commissary Restaurant in Collierville [BT]
8:15 W Ridgeway Baptist Church [FD]  8:45 W Cherry Road Baptist Church [BT]  9:00 W 2nd Presbyterian Church [BT]  9:15 W Christ United Methodist Church [BT]  9:15 W St. Luke's United Methodist Church [BT]  9:45 W Holy Rosary Church [BT]  10:10 W Cherry Road Baptist Church [BT]  2:00 W Worship Service with First Evangelical Church [TH]  3:00 Afternoon Movie [TH]	9:00 → Power Stretch & Tone Aqua [P] 9:00 ★ Rosary and Prayer [AR] 10:00 → Tai Chi [TH] 10:30 ₩ Lunch at Chicken Salad Chick/Shop at Trader Joe's [BT] 10:30 ₩ Oak Court Mall (One & One Half Hour) Sprouts and Walgreens [BT] 1:00 → Yoga [TH] 1:15 ₩ Kroger [BT] 3:00 → Billiards [BR] 7:00 ❤ Fern Society [TH] 7:30 ❤ Pay for Play Bingo [DR]	9:00 Weights (Class A) [TH]  10:30 Bible Study [AR]  10:30 Weights (Class B) [TH]  2:00 Balance Exercise [TH]  3:00 ✓ Short Story Society [TH]	9:00 W Bible Study [TH] 9:00 Power Stretch & Tone Aqua [P] 9:30 Trip to Library [BT] 10:00 Casino Trip [BT] 11:00 Eastgate Shopping Center and Bank [BT] 11:15 Lunch at JCC [BT] 1:30 Sittercise [TH] 2:00 XBOX Bowling [TH] 3:00 Chess, Checker & Board Games [AR] 7:30 Pay for Play Bingo [DR]	10:00  → Weights [TH] 2:00 Balance Exercise [TH] 2:00 → Shuffleboard 2:00 → Trip to Germantown Library's Used Book Store [BT] 3:00 → Learn Sign Language with Betty Krone [TH] 7:00 → "Cats" Musical at Theatre Memphis (Must pay Shawn \$30 by 9/20 for Tickets) [BT] 7:00 → "Power Hour" Bible Study [TH]	9:00 Halmark/Gould's Academy Personal Trip/First Tennessee Bank/Regions Bank [BT] 9:00 Power Stretch & Tone Aqua [P] 9:45 Catholic Communion [TH] 11:00 Target, Superlo, and Post Office [BT] 3:30 Happy Hour with Don Singleton [B] 7:30 Pay for Play Bingo [DR]	9:30 W XBOX Bowling [TH]  10:00 Line Dancing with Orvill [B]  1:00 Movie Out [BT]  3:00 Billiards [BR]  3:00 Vintage TV Show [TH]
8:15 W Ridgeway Baptist Church [FD] 8:45 W Cherry Road Baptist Church [BT] 9:00 W 2nd Presbyterian Church [BT] 9:15 W Christ United Methodist Church [BT] 9:15 W St. Luke's United Methodist Church [BT] 9:45 W Holy Rosary Church [BT] 10:10 W Cherry Road Baptist Church [BT] 2:00 W Communion with Kingsway Christian Church [AR] 3:00 Afternoon Movie [TH] 6:00 Halloween Phantom Phavorites Concert at St. Mary's Episcopal Cathedral [BT]	9:00 Power Stretch & Tone Aqua [P] 9:00 Rosary and Prayer [AR] 10:00 Tai Chi [TH] 10:30 Oak Court Mall (One & One Half Hour) Sprouts and Walgreens [BT] 11:00 New Resident Meet & Greet [AR] 1:00 Yoga [TH] 1:15 Kroger [BT] 3:00 Billiards [BR] 3:00 Billiards [BR] 7:30 Pay for Play Bingo [DR]	9:00 Weights (Class A) [TH] 10:30 Bible Study [AR] 10:30 Weights (Class B) [TH] 2:00 Balance Exercise [TH]	9:00 W Bible Study [TH] 9:00 Power Stretch & Tone Aqua [P]  11:00 Eastgate Shopping Center and Bank [BT]  12:00 University of Memphis Free Concert [BT]  1:30 Sittercise [TH]  2:00 XBOX Bowling [TH]  3:00 Chess, Checker & Board Games [AR]  7:30 Pay for Play Bingo [DR]	Halloween 10:00 → Weights [TH] 2:00 Balance Exercise is canceled today [TH] 2:00 → Shuffleboard 3:00 → Learn Sign Language with Betty Krone [TH] 3:30 → Halloween Costume Party with Jewel Jones [DR] 7:00 → "Power Hour" Bible Study [TH]	Location Keys  Activity Room AR Back Hallway BH Back Patio BP Billiard Room BR Bistro B Bus Trip BT Dining Room DR Front Drive FD Swimming Pool P Town Hall TH	