OCTOBER 2019

Belvedere Commons
2000 Principal Ln., Fort Walton Beach, FL
(850) 243-7735

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Howdy Neighbor 10:30 Tube Work out 11:30 Balloon Volley ball 1:30 Relax and Refresh 2:30 Daily Chronical 3:30 Match Game 6:00 Soothing Tunes	**2** 9:00 Meet and Greet 10:30 singing with the salvations Army 11:30 Go fish 2:00 Lets Pretend 3:30 Hang Man 6:00 Relax and Refresh	**3** 9:00 Local News 10:30 Bean Bag Toss 11:30 Tic-Tac-Toe 2:00 Read me a Story 3:30 Color Pages 6:00 Let Play Cards	**4** 9:00 Current Event 10:30 Friday Fitness 11:30 Name A State 1:30 Bingo 2:30 Rick on guitar 3:00 Color Pages 6:00 Let Play Cards	**5** 9:00 Meet and Greet 10:30 Saturday Stretch 11:30 Name A Country/state 1:30 soothing Music 2:30 Paper Dolls 3:30 Treasure Hunt 6:00 Snack and Chat
6 9:00 Morning Blessings 10:30 Read to me from the Bible 11:30 Tic-Tac-Toe 1:30Sensory Boards 2:00 Church Service by Pastor Tom Bush 3:00 Kick Ball 6:00 Snack and Social	**7** 9:00 Coffee Social 10:30 Yoga Stretch 11:30 Categories 1:30 Match Game 2:00 Old maid 3:30 Tell me a Story 6:00 Snack Time	**8** 9:00 Meet and Greet 10:30 Tube Work out 11:30 Color Pages 1:30 Balloon Tennis 2:30 Tell Me about You 3:00 Singing w/ Harvey 6:00 Favorite Movie	**9** 9:00 Howdy Neighbor 10:30 10:30 singing with the salvations Army 11:30 Name A State 2:30 Kick Ball 3:00 Sensory Boards 6:00 Relax and Refresh Yom Kippur	**10** 9:00 Daily Chronical 10:30 Yoga Stretch 11:30 Tell me a Joke 2:00 Catch 3:00 Counting Chips 6:00 Relax and Refresh	**11** 9:00 Meet and Greet 10:30 Friday Fitness 11:30 Name 3 1:30 Sewing Cards 2:00 Lets paint 3:00 Hang Man 6: 00 Snack Time	**12** 9:00 Current Events 10:30 Saturday Stretch 11:30 things at the beach 1:30 Memory 2:30 what is your favorite 3:30 color pages 6:00 Evening Tea
13 9:00 Morning Blessings 10:30 Read to me from the Bible 11:00 Coffee Break 1:30 Tic Tac Toe 2:00 Church Service by Pastor Tom Bush 3:00 Match Game 6:00 Sunday night Movie	**14** 9:00 Morning News 10:30 Yoga Stretch 11:30 Spelling Bee 1:30 Dot to Dot 2:30 Tic-Tac-Toe 3:00 Stacking Chips 6:00 Snack Time Columbus Day (US) Thanksgiving Day (Canada) Sukkot	**15** 9:00 Morning Brew 10:30 Tube Work out 11:30 Silly Songs 1:30 Puzzle time 2:00 Walter on the accordion 3:30 kick Ball 6:00 Favorite Movie	**16** 9:00 Coffee Social 10:30 Basket Ball 11:30 Categories 2:00 What's your Favorite 3;00 Tic Tac Toe 6:00 Sip and Chat	**17** 9:00 Current Events 10:30 Morning stretch 11:30 Color Pages2:00 Sensory Boards 3:00 LETS PLAY CARDS 6: 00 Snack Time	**18** 9:00 Howdy Neighbor 10:30 Friday Fitness 11:30 things at the park 1:30 Treasure Hunt 2:30 Catch 3:30 Match Game 6:00 Dinner and a Movie	**19** 9:00 Daily News 10:30 Saturday Stretch 11:30 Tic-Tac-Toe 1:30 Match Game 2:30 What is your favorite 3:30 Puzzles 6:00 Snack and Movie
20 9:00 Morning Blessings 10:30 Read to me from the Bible 11:00 Tea Time 1:00 Match Game 2:00 Church Service by Pastor Tom Bush 3:00 Sing along 6:00 Sunday night Movie	**21** 9:00 Coffee Social 10:30 Yoga Stretch 11:30 Name 3 1:30 Painting 2:00 Name A State 3:00 Connect 5 6:00 Snack Time	**22** 9:00 Current Events 10:30 Tube Work out 11:30 Cards 1:30 Sing With Me 2:30 Spelling Bee 3:30 Catch 6:00 Favorite Movie Simchat Torah	**23** 9:00 Daily News 10:30 Morning stretch 11:30 Name A State 2:00 Old maid 3:00 Hand Massage 6:00 Relax and Refresh	**24** 9:00 Local News 10:30 Basket Ball 11:30 Packing for a trip to the ..... 2:00 Read me a Story 3:00 Last Letter 6:00 Sip and Chat	**25** 9:00 Morning News 10:30 Friday Fitness 11:30 Tic-Tac-Toe 1:30 Treasure Hunt 2:30 Hang Man 3:30 Puzzles 6:00 Snack and Chat	**26** 9:00 Howdy Neighbor 10:30 Basket Ball 11:30 Spelling bee 1:30 Let's take a Walk 2:30 Tic-Tac-Toe 3:00 Stacking Chips 6: 00 relax and refresh
27 9:00 Morning Blessings 10:30 Read to me from the Bible 11:00 Tea Time 1:00 Match Game 2:00 Church Service by Pastor Tom Bush 3:00 Read me a Bible Story 6:00 Sunday night Movie	**28** 9:00 Meet and Greet 10:30 Yoga Stretch 11:30 Name A State 1:30 Sewing Cards 2:00 Janga 3:00 Color Pages 6:00 Snack Time	**29** 9:00 Coffee Social 10:30 Tube Work out 11:30 Name 3 1:30 Andy Griffith Show 2:00 Bean Bag Toss 3:30 Let's Play Hang Man 6:00 Favorite Movie	**30** 9:00 Howdy Neighbor 10:30 Morning stretch 11:30 Puzzle Race 2:00 Categories 3:00Hand Massage 6:00 Favorite Movie	**31** 9:00 What New 10:30 Yoga Stretch 11:30 Treasure Hunt 2:00 Lets Play a Game 3:30 Bean Bag Toss 6:00Sip and Chat Halloween		

Exercise Creative Spiritual Enrichment Social/Emotional Life Skills Emotional Support /One on One Cognitive/Intellectual Sensory//Stimulation **Calendar is subject to change.*