



SEDGWICK PLAZA  
A GRACE MGMT COMMUNITY

2455 N. Woodlawn Blvd.  
Wichita, KS 67220  
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# September 2019 Activities

## Assisted Living Activities

10:45 Get up and Go!

11:30 Brain Buzz

### MONDAY

2:00 (MDR) Bingo

2:00 Movie Monday

### TUESDAY

3:00 (GAR) Fancy Nails (2nd)

2:30 Ice Cream Social (1st & 3rd)

### WEDNESDAY

1:00 (GAR) Color Socialization

2:00 (MDR) Big Money Bingo

### THURSDAY

1:45 (GAR) Prize Bingo (1st & 3rd)

1:45 (GAR) Board Games (2nd & 4th)

### FRIDAY

1:00 Color Socialization (1st & 4th)

2:00 (MDR) Bingo

### SATURDAY

9:00 (MR) Catholic Communion

### SUNDAY

2:00/2:30 Church

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>8:30 (T) Church Run <b>1</b></p> <p>1:00 (T) Sunday Drive w/ Anthony!</p> <p>2:30 (MR) Church Service</p> <p><i>MOD ~ Crystal J.</i></p>	<p>9:00 (MR) Jump Start <b>2</b></p> <p>10:00 <b>Newsletter Read</b></p> <p>1:00 (PL) Piano</p> <p>2:00 (MDR) Big \$\$ Bingo</p> <p>6:00 (MR) Monday Movie</p>	<p>9:00 (MR) Jump Start <b>3</b></p> <p>1:00 (MR) Bridge Club</p> <p>1:00 (PL) <i>Rick Aiken, singer</i></p> <p>2:30(MDR) Ice Cream Social w/ <i>Larksfield Home Health</i></p> <p>6:00 (AR) Skipbo</p> <p>6:00 (MR) Movie</p>	<p>9:00 (MR) Jump Start <b>4</b></p> <p>9:00 (T) <b>CASINO, First Council</b></p> <p>12:30-1:30 (AR) Larksfield H.H. Blood Pressure Clinic</p> <p>2:00 (MDR) Big Money Bingo</p> <p>6:00 (AR) Pitch game</p>	<p>9:00 (MR) Jump Start <b>5</b></p> <p>9:00 (T) Walmart/Dillon's</p> <p>1:30 (MR) Card games</p> <p>6:00 (MR) Movie</p>	<p>9:00 (MR) Jump Start <b>6</b></p> <p>10:00 (MR) <b>The Traveler, to North American Wonderland</b></p> <p>2:00 (MDR) Big \$\$ Bingo</p> <p>6:00 (AR) Skip bo/ golf</p>	<p>8:30 (MR) Rosary <b>7</b></p> <p>9:00 (MR) Catholic Comm.</p> <p>930 (MR) Jump Start</p> <p>1:00 (MR) Canasta challenge</p> <p>2:00 (MDR) <b>Mega Bingo</b></p> <p><i>MOD ~ Nancy</i></p>
	<p>8:30 (T) Church Run <b>8</b></p> <p>2:00 (Plaza Living Room) Church Service</p> <p><i>National Assisted Living Week</i></p> <p><i>MOD ~ Nancy</i></p>	<p>9:00 (MR) Jump Start <b>9</b></p> <p>10:30 <b>Social Committee</b></p> <p>1:00 (PL) Piano</p> <p>2:00 (MDR) Big \$\$ Bingo</p> <p>6:00 (MR) Monday Movie</p> <p><i>~Rocking Art ~</i></p> <p><i>National Assisted Living Week</i></p>	<p>9:00 (MR) Jump Start <b>10</b></p> <p>10:00 (MR) <b>Men's Coffee</b></p> <p>1:00 (MR) Bridge Club</p> <p>2:30 (MDR) <b>Resident Council</b></p> <p>3:15 (AR) Fancy Nails</p> <p><i>~Art on the Move ~</i></p> <p><i>National Assisted Living Week</i></p>	<p>9:00 (MR) Jump Start <b>11</b></p> <p>10:00 (MR) <b>Catholic Mass</b></p> <p>12:30 Blood Pressure Clinic</p> <p>2:00 (MDR) Big Money Bingo</p> <p>3:00 (MR) <b>Wine Wednesday</b></p> <p>6:00 (PL) Keri Sutter, song &amp; dance</p> <p><i>~Breaking the Mold ~</i></p> <p><i>National Assisted Living Week</i></p>	<p>9:00 (MR) Jump Start <b>12</b></p> <p>9:00 Walmart/Dillon's/Aldi's</p> <p>1:00 (AR) Hart - Walker/ Wheelchair safety eval.</p> <p>1:30 (MR) Card games</p> <p>6:00 (MR) Movie</p> <p><i>~Canvas Creations~</i></p> <p><i>National Assisted Living Week</i></p>	<p>9:00 (MR) Jump Start <b>13</b></p> <p>10:30 (MR) Mary Kay w/Barbara</p> <p>2:00 (MDR) Big \$\$ Bingoo</p> <p>6:00 (AR) Skip bo/ golf</p> <p><i>~Art Expo/Art Supply Drive~</i></p> <p><i>National Assisted Living Week</i></p>	<p>8:30 (MR) Rosary <b>14</b></p> <p>9:00 (MR) Catholic Comm.</p> <p>930 (MR) Jump Start</p> <p>1:00 (MR) Canasta challenge</p> <p><i>National Assisted Living Week</i></p> <p><i>MOD ~ Eric</i></p>
	<p>8:30 (T) Church Run <b>15</b></p> <p>1:00 (T) Sunday Drive w/ Anthony!</p> <p>2:00 (MR) Church Service</p> <p><i>MOD ~ Eric</i></p>	<p>9:00 (MR) Jump Start <b>16</b></p> <p>1:00 (PL) Piano</p> <p>2:00 (MDR) Big \$\$ Bingo</p> <p>3:15(MDR) <b>Food Committee</b></p> <p>6:00 (MR) Monday Movie</p>	<p>9:00 (MR) Jump Start <b>17</b></p> <p>1:00 (MR) Bridge Club</p> <p>2:30(MDR) Ice Cream Social w/ <i>Larksfield Home Health</i></p> <p>6:00 (AR) Skipbo</p>	<p>9:00 (MR) Jump Start <b>18</b></p> <p>10:00 (MR) <b>Resident Education w/ Larksfield</b></p> <p>12:30-1:30 (AR) Larksfield H.H. Blood Pressure Clinic</p> <p>2:00 (MDR) Big Money Bingo</p> <p>3:00 <b>DNA Cancer Screening w/ Jessica</b></p>	<p>9:00 (MR) Jump Start <b>19</b></p> <p>9:00 (T) Walmart/Dillon's</p> <p>3:00 (MR) <b>Thirsty Thursday, Happy Hour!</b> sponsored by <i>Larksfield Place</i></p> <p>6:00 <b>The John Wayne Show,</b> Paula &amp; Ermal Williamson</p>	<p>9:00 (MR) Jump Start <b>20</b></p> <p>9:30 (PL) Free Hearing Aid Cleaning w/ Dr. Zafar</p> <p>10:00 (MR) Women's Coffee</p> <p>10:30 (MR) Avon, w/ Nancy</p> <p>2:00 (MDR) Big \$\$ Bingo</p> <p>3:15 <b>Michelle Schwien, piano</b></p>	<p>8:30 (MR) Rosary <b>21</b></p> <p>9:00 (MR) Catholic Comm.</p> <p>930 (MR) Jump Start</p> <p>1:00 (MR) Canasta challenge</p> <p>2:00 (MDR) <b>Mega Bingo</b></p> <p><i>MOD ~ Nancy</i></p>
	<p>8:30 (T) Church Run <b>22</b></p> <p>2:30 (MR) Church Service</p> <p><i>MOD ~ Nancy</i></p>	<p>9:00 (MR) Jump Start <b>23</b></p> <p>1:00 (PL) Piano</p> <p>2:00 (MDR) Big \$\$ Bingo</p> <p>6:00 (MR) Monday Movie</p>	<p>9:00 (MR) Jump Start <b>24</b></p> <p>10:45 (T) KS Food Fanatics to <b>My Tho (Pho Restaurant)</b></p> <p>1:00 (MR) Bridge Club</p> <p>1:30 (MDR) <b>LIVE TRIVA!</b></p> <p>3:15 (AR) Fancy Nails</p> <p>6:00 (AR) Skipbo</p>	<p>9:00 (MR) Jump Start <b>25</b></p> <p>12:30-1:30 (AR) Larksfield H.H. Blood Pressure Clinic</p> <p>2:00 (MDR) Big Money Bingo</p> <p>6:00 (AR) Pitch game</p>	<p>9:00 (MR) Jump Start <b>26</b></p> <p>9:00 Walmart/Dillon's/Aldi's</p> <p>1:30 (MR) Card games</p> <p>2:30 Princess Leia Visit</p> <p>6:00 (MR) Movie</p>	<p>9:00 (MR) Jump Start <b>27</b></p> <p>1:00 (MR) Afternoon Cards</p> <p>2:00 (MDR) Big \$\$ Bingo</p> <p>3:30 (PL) <b>Mix &amp; Mingle w/ LV Smith &amp; Welcoming Linwood Senior Center!</b></p>	<p>8:30 (MR) Rosary <b>28</b></p> <p>9:00 (MR) Catholic Comm.</p> <p>930 (MR) Jump Start</p> <p>1:00 (MR) Canasta challenge</p> <p><i>MOD ~ Kelcy</i></p>
	<p>8:30 (T) Church Run <b>29</b></p> <p>2:30 (MR) Church Service</p> <p><i>MOD ~ Kelcy</i></p>	<p>9:00 (MR) Jump Start <b>30</b></p> <p>1:00 (PL) Piano</p> <p>2:00 (MDR) Big \$\$ Bingo</p> <p>6:00 (MR) Monday Movie</p>	<p><b>Social Committee</b> meeting in the Meadowlark Room Monday, September 9th @ 10:30 am <b>See you there!</b></p>	<p><b>Food Committee</b> meeting in the Meadowlark Room Monday, September 16th @ 3:15 pm <b>See you there!</b></p>	<p><b>Calendar Key:</b> AR - Activity Room (1st FL) PR - Pioneer Room (2nd FL) LIB- Library PDR - Private Dining Room GDR- Garden Dining Rm. GMP - Theatre Room</p>	<p>T- Travel/Trip Out PL - Plaza Living MR - Meadowlark Room MDR- Main Dining Room GLR- Garden Living Room GAR - Garden Activity Room</p>	<p><b>A Matter of Balance</b> We are hosting the AMOB Course in October to tackle the fear of falling and to learn exercises to help prevent falls! <b>Info coming soon!</b></p>