


Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 2:00 *Hymns	2 Labor Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Balloon Volleyball 4:15 What's My Job? & Hilarious Job History	3 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Walks on the Patio 3:30 Bill Trowell	4 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Music Therapy 4:15 *Of the Day	5 10:00 Maizy Visit 2:00 Popsicles on the Patio 4:15 One on Ones	6 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Jigsaw Puzzles 4:15 *National Geographic Nature Videos	7 Grandma Moses Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Grandma Moses Art 4:15 One on Ones
8 National Assisted Living Week 2:00 *Hymns	9 Rockin' Art 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Rock Painting 4:15 One on Ones	10 Art on the Move 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *UMaine Virtual Art Tour 4:15 Music on the Patio	11 Breaking the Mold 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Air Clay Art 4:15 One on Ones	12 Canvas Creations 10:00 Art with Janice 12:00 Judy Faust 2:00 Bean Bag Toss 4:15 *IN2L Group Painting	13 Art Expo 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Art Expo Tour 4:15 *Google Earth	14 Banana Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Baking Banana Muffins 4:15 *On this Day
15 2:00 Inter Church Ministries Services	16 National Guacamole Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Guacamole & Mock-a-Ritas on the Patio 4:15 *Farm Animal Trivia	17 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Duane Nickerson 4:15 One on Ones	18 10:00 Dave Mussey 2:00 Music Therapy 4:15 *Of the Day	19 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Baking Cake 4:15 One on Ones	20 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 September Birthday Party 4:15 *Panda Webcam	21 Eat an Apple Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Bingo 4:15 Crockpot Cider
22 2:00 Inter Church Ministries Services	23 Autumn Begins 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Autumn Craft 4:15 One on Ones	24 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Outdoor Walks 4:15 *Relaxation Music	25 One-Hit Wonder Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *40s/50s One-Hit Wonders 4:15 One on Ones	26 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Popcorn & A Movie, <i>Casablanca</i> 4:15 *Sing-a-long with Suzie Q	27 World Tourism Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Fall Drive 4:15 One on Ones	28 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Rosh Hashanah Activity 4:15 *Quilting Pastime
29 Rosh Hashanah Begins 2:00 Inter Church Ministries Services	30 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Guided Tour Travel Videos, Ireland 4:15 One on Ones					Arbor 2019 Dirigo Pines (207)866-3400