



September 2019

The Atrium Senior Living

Activity dates and times are scheduled to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30 am – Cathedral 2:00 pm – Bingo 1	9:30 am – Chair Exercise 2 10:30 am - Corn Hole/ Bean Bag Toss 1:00 pm – Walmart Labor Day	9:30 am – Chair Exercise 3 10:00 am – 1 st Christian Church, Video Bible Study w/ Communion 11:00 am – Fairmont Race Track 2:00 pm – Bingo	9:30 am – Chair Exercises 4 10:00 am – Rosary 1:00 pm – Wing Chun Senior Class presentation w/ Ken Roberts 3:00 pm – Nail Painting w/ Rosie	9:30 am – Chair Exercise 5 10:00 am – 1:00 pm – Casino Queen Trip 6:30 pm – Tommy Tunes sings the Classics	9:30 am – Chair Exercises 6 10:00 am – Mass w/ Father Neff 1:30 pm – Tea w/ Pastor Alex 2:00 pm – Happy Hour	9:30 am – Chair Exercises 7 2:00 pm – Bingo
7:30 am – Cathedral 2:00 pm – Bingo 8	9:30 am – Chair Exercises 9 10:00 am – Crafts w/ Norena – ROCKING ART 1:00 pm – Dollar Tree	9:30 am – Chair Exercise 10 10:00 am – 1 st Christian Church, Video Bible Study w/ Communion 10:30 am -ART ON THE MOVE – Trip to Schmidt Art Center at SWIC 2:00 pm – Bingo	9:30 am – Chair Exercises 11 10:00 am – Rosary 1:30 pm – CANVAS CREATIONS – Art in the Atrium w/ Mr. Don Fizer	9:30 am – Chair Exercises 12 10:00 am – 1:00 pm - Casino Queen Trip 10:00 am- St. Matthew’s Choir 2:00 pm - Bingo	9:30 am –Chair Exercises 13 10:00 am – 3:30 pm – ATRIUM ART EXPO. 2:30 – 3:30 pm - Happy Hour/ Art Expo. Cocktail Party	9:30 am – Chair Exercises 14 2:00 pm – Bingo
7:30 am – Cathedral 2:00 pm – Bingo 15	9:30 am – Chair Exercises 16 11:00 am – Hospice Speaker Series 1:00 pm – Walmart	9:30 am – Chair Exercise 17 10:00 am – 1 st Christian Church, Video Bible Study w/ Communion 2:00 pm – Bingo	9:30 am – Chair Exercises 18 10:00 am – Rosary 10:00 am – 2:00 pm – PSOP Lunch and Dance 11:00 am – Nail Painting w/ Rosie 3:00 pm - YOGA	9:30 am – Chair Exercises 19 10:00 am – 1:00 pm – Casino Queen Trip 1:00 pm – Blood Pressure Checks 2:00 pm - Bingo	9:30 am – Chair Exercise 20 10:30 am – Home Instead Senior Care Farmers Market 2:30 pm – Happy Hour	9:30 am – Chair Exercises 21 10:00 am – Hearing Aid Clinic w/ Rita 2:00 pm – Bingo
7:30 am – Cathedral 2:00 pm – Bingo 22	9:30 am – Chair Exercises 23 10:30 am – Noodle Ball 1:00 pm – Target	9:30 am – Chair Exercise 24 10:00 am – 1 st Christian Church, Video Bible Study w/ Communion 6:00 pm – Bingo	9:30 am – Chair Exercises 25 10:00 am – Rosary 10:30 am – Back Street Wine and Dine, Hecker, IL 2:30 pm – Town Hall 3:00 pm – Food Council Meeting	9:30 am – Chair Exercises 26 10:00 am – 1:00 pm – Casino Queen Trip 1:00 pm – ZUMBA 2:00 pm – Bingo 6:30 pm – “Songs of a Lifetime” David Hechenberger	9:30 am – Chair Exercise 27 10:00 am – 3:00 pm – Shopping in the Atrium w/ Trish and “Matilda Jane Clothing” 2:30 pm – Happy Hour	9:30 am – Chair Exercises 28 2:00 pm - Bingo
7:30 am – Cathedral 2:00 pm - Bingo 29	9:30 am – Chair Exercise 30 1:00 pm -		201 South Belt West Belleville, IL. 62220 618-235-9300	 THE ATRIUM OF BELLEVILLE A GRACE MGMT COMMUNITY		