



THE HIGHLANDS

A GRACE MGMT COMMUNITY

Monday Dinner Menu

August 19th

SOUP

Three Onion

ENTREES

Marinated, Grilled Flank Steak*

With fresh tomato relish

Lemon-Pepper Codfish

A thick loin cut with seasonings

SIDES

Rice Pilaf

Whipped potato

Wax Bean Amandine

Peas n Pimento

DESSERTS

Peanut Butter Cake

Blueberry Pie

ICE CREAM, FROZEN YOGURT, AND SHERBET
PLEASE ASK YOUR SERVER FOR A FLAVOR SELECTION

***Gluten Free Option V. Vegetarian Option**