



# THE HIGHLANDS

A GRACE MGMT COMMUNITY

## Saturday Dinner Menu

August 3<sup>rd</sup>

### SOUP

**Vegetable Beef**

### ENTREES

**Sun-Dried Tomato Chicken\*<sup>V</sup>**

*A boneless breast baked in a sun-dried tomato cream sauce*

**Stuffed Cabbage Rolls\***

*With ground beef and rice filling, topped with marinara sauce*

### SIDES

**Two Roasted Potatoes    Fiesta Rice**  
**Broccoli    Spaghetti Squash**

### DESSERTS

**Tiramisu**  
**Wild Maine Blueberry Crisp**

ICE CREAM, FROZEN YOGURT, AND SHERBET  
PLEASE ASK YOUR SERVER FOR A FLAVOR SELECTION

**\*Gluten Free Option    <sup>V</sup>. Vegetarian Option**