


Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dirigo Pines (207) 866-3400					Arbor 2019	1 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Music & Art 4:15 One on Ones
2 2:00 *Hymns	3 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Planting the Garden 4:15 *Of the Day	4 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Antiques Nostalgia 4:15 One on Ones 6:00 Bible Study & Hymn Sing	5 Hot Air Balloon Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Masanobu Ikemiya 4:15 *Hot Air Balloon Videos	6 10:00 Maizy Visit 2:00 Outdoor Walks 3:45 *Butterfly Videos	7 Banana Split Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Make Your Own Banana Split 4:15 One on Ones	8 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Beaded Suncatcher Craft 4:15 *On this Day
9 2:00 *Hymns	10 Iced Tea Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Iced Tea on the Patio 4:15 *Music with Mary Sue	11 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Duane Nickerson 4:15 *Baseball Videos	12 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Music Therapy 4:15 One on Ones	13 10:00 Art with Janice 12:00 Judy Faust 2:00 Baking Cake 4:15 Balloon Volleyball	14 Flag Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 June Birthday Party 4:15 One on Ones	15 Nature Photo Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 John Tercyak 4:15 *Nat Geo Nature Photos
16 Father's Day 2:00 Inter Church Ministries Service	17 Root Beer Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Root Beer Floats on the Patio 4:15 One on Ones	18 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Name that Sound, Instruments 3:30 Bill Trowell 6:00 Bible Study & Hymn Sing	19 Hershey's Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 12:00 Dave Mussey 2:00 Julie Monroe 3:30 Microwave S'mores & Hershey's Trivia	20 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Popcorn & A Movie, <i>The Music Man</i> 4:15 One on Ones	21 First Day of Summer 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Summer Celebration 4:15 *Gardening Trivia	22 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Rick Steves, Bulgaria 4:15 One on Ones
23/30 2:00 Inter Church Ministries Service	24 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Outdoor Walks 4:15 One on Ones	25 National Canoe Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Virtual Canoe Tour 4:15 Paint by Number	26 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Music Therapy 4:15 One on Ones	27 Bomb Pop Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Bomb Pops & Bubbles on the Patio 4:15 *Classic Television, <i>Life with Elizabeth</i>	28 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Would You Rather 4:15 Word Puzzles	29 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Make Your Own Parfait 4:15 Lemonade on the Patio