THE HIGHLANDS

A GRACE MGMT COMMUNITY

Week of June 23rd 2019

Good to Go Dinner Menu $15 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Chicken Noodle	Potato Leek	Canadian Vegetable	Cream of Mushroom	Beef n Barley	Shrimp Bisque	Spinach Lentil
Salad	Roast Turkey	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Chimichurri Chicken	Sherry Chicken	Brats n Kraut	Citrus Haddock	Chicken Paprikash	Rib Eye	Parmesan Chicken
	Fried Eggs	Pesto Salmon	Veal Picatta	Spaghetti n Meatballs	Pork Empanada	Fried Fish Salad	Shepherd's Pie
Starch	Mashed Reds	Whipped Potato	Wild Rice	Basmati Rice	Whipped Potato	French Fries	Whipped Potato
	Sweet Potato	Orzo Florentine	Angel Hair Pasta	Sweet Potatoes	Egg Noodles	Baked Potato	Potato Pancake
Vegetables	Brussles Sprouts	Asparagus	Acorn Squash	Zucchini	Broccoli	Mush n Peppers	Sugar Snap Peas
	Cauliflower	Wax Beans	Green Beans	Carrots	Braised Red Cabbage	Peas	Vegetable Medley
Desserts	Pecan Squares	Chocolate Torte	Gingerbread Whoopie	Choc Mint Cake	Key Lime Pie	Blueberry Cheesecake	Apple Pie
	Orange Chiffon	Crème Caramel	Root Beer Float	Cannoli	Choc Chip Cookie	Cranberry Bread Pudding	Specialty Ice Cream

Good to Go "Lighter Fare" Menu $10

Reuben Sandwich* grilled corned beef, sauerkraut, swiss cheese and russian dressing on rye bread. Served with potato chips.	**Cheese Omelette*V** with bacon or sausage, fresh fruit and choice of toast. Veggie breakfast patties is a substitution.	**Chef's Salad*V** on crunchy greens, ham and turkey with swiss and chddar; cherry tomatoes, peppers, cucumbers, carrt and hard bolied eggs. Served with your choice of dressing.	**Chicken Fried Steak** with chicken gravy, mashed potatoes and vegetable medley.

*Gluten Free Entrée **V** Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136

24 Hr notice is suggested. Highland Green Residents: $1 delivery fee per address