



THE HIGHLANDS
A GRACE MGMT COMMUNITY
Week of June 9th 2019

Good to Go Dinner Menu \$15 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Roasted Red Pepper	Chicken Noodle	French Onion	Pumpkin Bisque	Split Pea n Ham	Fish Chowder	Italian Wedding
Salad	Top Round Beef	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Vegetable Lasagna	Asian Salmon	Chicken Cordon Bleu	Balsamic Haddock	Chicken Marbella	Shrimp Saute	Hawaiian Chicken
	Crab n Leek Quiche	BBQ Ribs	Beef Bracirole	Baked Ham	Veg Rice Casserole	Ribeye of Beef	Beans n Dogs
Starch	Mashed Reds	Jasmine Rice	Whipped Potato	Barley Risotto	Pesto Gemelli	Basmati Rice	Whipped Potato
	Home Fries	Roasted Reds	Angel Hair Pasta	Baked Sweet Potato	Steam Red Potatoes	Baked Potato	Potato Salad
Vegetables	Broccoli	Carrots	Cauliflower	Asparagus	Peas n Onions	Summer Squash	Brussels Sprouts
	Butternut Squash	Corn	Green Beans	Mashed Turnip	Rainbow Swiss Chard	Sugar Snap Peas	Cole Slaw
Desserts	Carrot Cake	Choc/PB Cake	Apple Streusel Bar	Choc Cream Pie	Eclairs	Crème de Menthe Cheesecake	Rice Pudding
	Choc Chip Cookie	Lemon Meringue Pie	Baked Custard	Banana Cake	Blondies	Bread Pudding	Brownie ala Mode

Good to Go "Lighter Fare" Menu \$10

<p>Tuna Salad Roll*V with shredded lettuce and tomato in a hot dog bun. Served with sun-Chips.</p>	<p>2 Eggs Your Way*V with fresh fruit and choice of toast, Bacon or Sausage.</p>	<p>Funky Spinach Salad*V with asparagus, cherry tomatoes, red onions, artichoke hearts, chick peas, goat cheese and toasted almond brittle. Served with a Sun-Dried Tomato Vinaigrette.</p>	<p>BBQ Chicken Thigh* with sweet potato and cole slaw.</p>
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*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address