

Inspirations Senior Living
931 Honeysuckle St.
Pahrump, NV. 89048

Postage
Information

May 2019



INSPIRATIONS
A GRACE MGMT COMMUNITY

Inspirations Senior Living 931 Honeysuckle St., Pahrump, NV 89048 775.751.2300



Management Team



Janessa Becker
Executive Director

Arleen Koontz
Sales Director

Laura Billman
Wellness Director

Danielle Tuck
Business Office Manager

Lisa Gilbo
Life Enrichment Director

Jessie Abney
Food Service Director

Paul Gilbo
Maintenance Director

Mother's Day Around the World

While versions of Mother's Day are celebrated worldwide, traditions vary depending on the country. In Thailand, for example, Mother's Day is always celebrated in August on the birthday of the current queen, Sirikit.

Another alternate observance of Mother's Day can be found in Ethiopia, where families gather each fall to sing songs and eat a large feast as part of Antrosht, a multi-day celebration honoring motherhood.

In the United States, Mother's Day continues to be celebrated by presenting mothers and other women with gifts and flowers, and it has become one of the biggest holidays for consumer spending. Families also celebrate by giving mothers a day off from activities like cooking or other household chores.

At times, Mother's Day has also been a date for launching political or feminist causes. In 1968 [Coretta Scott King](#), wife of [Martin Luther King Jr.](#), used Mother's Day to host a march in support of underprivileged women and children. In the 1970s women's groups also used the holiday as a time to highlight the need for equal rights and access to childcare.

For the Love of Pugs



Pug lovers of every stripe will flock to Milwaukee on the weekend of May 18–19

for the annual Pugfest. The focus of the festivities revolves around three adorable costume contests, where pug owners parade their dogs for all to see. The costume categories are: "Hand-Crafted," "Ready-Made," and "Strollers and Floats." When visitors aren't ooh-ing and aah-ing over the cute dogs, they will be watching pug races and allowing Father John Allen to perform the annual Blessing of the Pugs. Why do people love these tiny and, some might say, ugly dogs? They were originally bred as companion animals for Chinese royalty. When the dogs were brought back to Europe in the 16th century, European royalty adopted the practice. Today, anyone can feel like a king or queen with their own pug pup.

**Kind hearts are the gardens,
Kind words are the roots,
Kind thoughts are the flowers,
Kind deeds are the fruits.**

**Take care of your garden
And keep out the weeds;
Fill it with sunshine,
Kind words and kind deeds.**

-H.W. Longfellow



May's Activity Highlights



Thursday, May 2nd at 3 PM Activity Room – Happy Hour with Silver & Gold Bob



Friday, May 3rd at 10 AM –Activity Room - Understanding & Responding to Dementia Related Behaviors



Saturday, May 4th at 10 Am – Activity Room – Kentucky Derby Pizza Party



Monday, May 6th at 1 PM – Trip to Casino to play Bingo or play slots



Tuesday, May 7th at 3PM – Activity Room – Don Marcum Sings Love Songs



Wednesday, May 8th at 3PM – Sargent Dan the Accordion Man - Activity Room



Thursday, May 9th at 2:30 PM – Dining Room – The Starlite Production



Friday, May 10th at 10 AM Activity Room – Resident Council Meeting – All Welcome & Bowling at the Pahrump Nugget at 11:15 AM



Monday May 13th at 10 Am – Activity Room – Water Color Painting Class



Wednesday, May 15th at 10AM – Bistro – Coffee with the E.D.

May Birthdays

In astrology, those born May 1–20 are Bulls of Taurus. Bulls are stable, reliable, patient, and determined. They will work hard and finish the job no matter what gets in their way, but they expect to be rewarded! Those born May 21–31 are Gemini's Twins. Twins seem to have two personalities and can blend into any situation. They have an energetic and fun-loving side that is the life of the party but also a deep and emotional side that needs love and nurturing.

Ray K.	5/1
Karen B.	5/5
Jeri W.	5/20
Mike D.	5/26
Dorothy W.	5/26
Linda S.	5/29



Thursday, May 16th at 3 PM – Activity Room – Happy Hour w/Troy Steele and Rick



Friday, May 17th at 10 Am – Private Dining Room – Activity Meeting – All Welcome



Thursday, May 23rd at 3 PM – Activity Room – Happy Hour w/Troy Steele



Friday, May 24th at 9:30 AM – Shopping and Lunch in Vegas



Monday May 27th at 1:00 PM – Activity Room – Water Color Painting Class



Friday, May 31st at 10 AM – Dining Room – Twilight Productions



Chitter Chatter from the E.D.'s Desk

As the beautiful weather continues to shine, I want to encourage everyone to spend a couple minutes a day enjoying the sunlight before summer hits. Anytime you go outside, remember to sign out in the binder in the front desk, wear your pendant when walking outside, and wear a hat or sun screen to protect your skin. Spring is a beautiful season, and we all need to stop and smell the roses sometimes (which are now in full bloom out front!) Thank you to everyone who joined us our various meetings throughout the month, such as the coffee with the ED, resident council meeting, and activity committee. Everyone is welcome, and your voice is heard! If you are unable to attend the meetings, stop by my office anytime if you would like to chat. Thank you so much!

Janessa Becker
Executive Director

Important Summer Activity Calendar Changes:

During the summer months starting in May there are some activity changes. These changes are:

- Tuesday's Walmart bus will be changed to 10 AM.
- Also added to Tuesday afternoons – Crafts w/Lisa and Fun Facts & Trivia (please see your May calendars for these changes). Thank you

Lisa Gilbo
Life Enrichment Director

May Day

For many, the first rite of spring comes on May 1, May Day, with the raising of the maypole. The celebration of May Day dates back thousands of years. The Celts of the British Isles celebrated May 1 as Beltane, their most important holiday. It was believed that this holiday marked the halfway point of a year split between the dark and light. Massive fires were burned to herald the start of the return of life. The tradition of raising and dancing around a maypole came much later, during the Middle Ages. It was common for villagers to dance around the maypole bearing colorful streamers, ribbons, and baskets of flowers, symbolizing the fertility of the earth and blooming of trees and flowers. It wasn't until May 1, 1886, that May Day became associated with the labor movement. In those days, workers of all ages suffered from abhorrent working conditions. It was on that May Day that 300,000 workers marched across America to demand better working conditions and higher wages. Today, while May Day is considered a major holiday in many countries, it is not widely celebrated, least of all in the United States.

Reminder: If you need something done in your apartment please let the front desk know so that they can put in a work order to have them fixed. Thank you.