



THE HIGHLANDS
A GRACE MGMT COMMUNITY
Week of May 12th 2019

Good to Go Dinner Menu \$15 (includes soup or salad, entrée, 2 sides and a dessert)

	Mother's Day	Monday	Tuesday	Wednesday	HACC Dinner	Friday	Saturday
Soups	Broccoli Cream	Potato Leek	Canadian Vegetable	Cream of Mushroom	Beef n Barley	Shrimp Bisque	Spinach Lentil
Salad	Roast Sirloin	Garden Salad	Garden Salad	Garden Salad	Smoked Brisket	Garden Salad	Garden Salad
Entrees	Stuffed Sole	Sherry Chicken	Brats n Kraut	Citrus Haddock	Chicken Tenders	Rib Eye	Parmesan Chicken
	Eggs Benedict	Pesto Salmon	Veal Picatta	Spaghetti n Meatballs	BBQ Pulled Pork	Fried Fish Salad	Shepherd's Pie
Starch	Wild Rice Pilaf	Whipped Potato	Wild Rice	Basmati Rice	Cabbage Slaw	French Fries	Mashed Sweets
	Potato Pancakes	Orzo Florentine	Angel Hair Pasta	Sweet Potatoes	Potato Salad	Baked Potato	Roasted Russets
Vegetables	Asparagus	Brussels Sprouts	Corn	Zucchini	Corn Muffins	Mush n Peppers	Sugar Snap Peas
	Veg Medley	Wax Beans	Green Beans	Carrots	Broccoli Salad	Peas	Vegetable Medley
Desserts	Salads	Chocolate Torte	Gingerbread Whoopie	Choc Mint Cake	Assorted Cookies	Blueberry Cheesecake	Apple Pie
	Desserts	Crème Caramel	Root Beer Float	Cannoli	Blondies/Brownies	Cranberry Bread Pudding	Specialty Ice Cream

Good to Go "Lighter Fare" Menu \$10

<p>Hamburger*V with lettuce, tomato and onion on a traditional bun. Add USA cheese, if desired. Served with Fauxtato Salad</p>	<p>Hash and Eggs*V Eggs your way with fresh fruit and choice of toast. Veggie breakfast patties is a substitution</p>	<p>Chopped Spring Salad *V Grilled chicken on a bed of mixed greens with cherry tomatoes, cucumbers, radish and edamame. Served with a lemon-honey vinaigrette.</p>	<p>Pan-seared Haddock Loin*V with mashed sweet potatoes and asparagus. Served with tartar sauce.</p>
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*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address