



### Notable Quotable

“Love all, trust a  
few, do wrong  
to none.”

~ William  
Shakespeare,  
playwright and poet



## April Horoscopes and Birthdays

In astrology, those born April 1–19 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, passion, and enthusiasm. They embrace action, take risks, and will fight for their goals. Those born April 20–30 are Bulls of Taurus. Bulls are stable, reliable, patient, and determined. They will work hard and finish the job no matter what gets in their way, but once they are finished, they expect to be rewarded!

### Sensory Gardening

The Garden Club met in March to develop plans for beginning a sensory garden in our “secret” garden. The entrance is located off the 400 Hallway and outside is a pergola with established vines. The garden is enclosed with two gates that lock. The old front porch furniture has been placed there. We hope to incorporate a garden to stimulate the five senses. This year we will begin with containers full of flowers, vegetables and herbs. The plants incorporated will be safe if

### Breaking Baseball’s “Color Line”

Each year, Major League Baseball honors Jackie Robinson by celebrating April 15 as Jackie Robinson Day. Back in 1947, April 15 was opening day, and young Jackie Robinson made his debut for the Brooklyn Dodgers. Robinson went an unmemorable 0–3, only reaching base on a throwing error, yet he made history as the first African American to play in the big leagues. His courageous debut ended 80 years of segregation in the game. Less than 10 years later, the percentage of black players on Major League teams matched or

### Our Birthday Gems:

Mitch Talley 1<sup>st</sup>  
Heather Webb 3<sup>rd</sup>  
Mary G. Nix 4<sup>th</sup>  
Frances Armitage 6<sup>th</sup>  
Diane Hendricks 8<sup>th</sup>  
Stephanie Reeves 13<sup>th</sup>  
Cathy Dunn 19<sup>th</sup>  
Ed Evatt 20<sup>th</sup>  
Bob Jones 21<sup>st</sup>  
Tange Nalley 24<sup>th</sup>

Happy Birthday to you!

accidentally consumed or intended to be eaten. We will grow to include raised beds for therapeutic use, chimes for “heavenly music” (quoted from one of our club members), whirly-gigs (otherwise known as kinetic art) and a small, seasonal welcome yard flag. Please, no tacky yard ornaments. We hope to make this a welcoming, whimsical space for all to enjoy!

Watch the calendar for activities in the Garden.

If you grow vegetables or flowers and are interested in donating some bulbs or seeds, please contact Becky in Life Enrichment.

exceeded that of the general population. Robinson was not only a Hall-of-Fame player but an American cultural hero. Each year on April 15, players don Robinson’s universally retired number 42 to honor the brave man who broke baseball’s “color line.”

*Trivia:* What town was Jackie Robinson born? Where was his wife from?

April 2019



# Whispering Willows



The Willows of Easley  
Assisted Living Community  
105 Willow Place, Easley, SC 29640  
864-855-9800 x105.  
[www.thewillowsofeasley.com](http://www.thewillowsofeasley.com)  
Laura Spearman, Executive Director

### Celebrating April

### Global Astronomy Month

### Jazz Appreciation Month

### Golden Rule Week April 1–7

### No Housework Day April 7

### Barbershop Quartet Day April 11

### Scrabble Day April 13

### Easter April 21

### Hug an Australian Day April 26

## Special Mention

On March 26<sup>th</sup>, in conjunction with Patriot Hospice and Channel Four News, our nine men and women veterans – service ranging from World War Two to the Cold War and across two continents – were to participate in a special mention pinning ceremony.

As I interviewed each veteran to find out something special about their time in the service, I was humbled about their experiences and each one told me they didn’t think they had done “anything special”. I beg to differ.

**Robert Marchbanks**, *US Navy*, WW2, post mate 2<sup>nd</sup> class. He was aboard many different ships. States each time he was on one, one would go down! Bless him!

**Preston “Clark” Holbrook**, *US Navy*, Petty Officer 1<sup>st</sup> class, served aboard the USS Indiana (Battleship) in the Pacific Theater during WW2. Although he left in 1943 to attend the University of Georgia under the GI bill, he was aboard one of the ships that would eventually participate in the bombing of *Iwo Jima*.

**Bette Perry**, RN, *US Navy Nurses Corp.* Joined the Navy to train to become a nurse. She was lucky. She was stationed in Charlotte, NC to work on contagion cases – mainly Iron Lung.

**Mary Dawes**, *WAC (Women’s Army Corp)*, Cold War. Mary was sent to Japan and Korea and retired a Corporal.

**Carroll Goodridge**, *US Air Force*, CMSGT, Chief Petty Officer, Cold War/Korea.

**Fred “Garvin” Hunter**, *US Navy*. We lost Garvin early March and we honored his service by including his wife in our ceremony.

**Clyde Ellison**, *US Army Air Corp*, WW2.

**Bill Smith**, *US Army*, Sargent First Class for the *82nd Airborn*, WW2. Bill was one of many that jumped into Europe prior to D-Day.

**Robert “Bob” Jones**, *British Merchant Marines* as back up for the *Royal Navy*, WW2, Liverpool, England. Bob joined in 1939 (at the start of WW2 in England as the Luftwaffe repeatedly bombarded Liverpool, England). The job for the Merchant Marines was to protect the ships coming into port at Liverpool where supplies were sent from Canada and the US to support England during the war. Bob stayed with the Merchant Marines for 10 years. Had the port failed, England would have lost the war.

*\*Our pinning ceremony has been postponed until May due to unforeseen circumstances\*.*



## Health Benefits of washing hands

(Article submitted from Health and Wellness for Community Education).

Hand washing is one of the most important means of preventing infection by reducing the spread of germs from one person to the next. Germs are so small that you cannot see them and can cause illnesses, like diarrhea and colds, as well as more serious and life-threatening diseases. Washing your hands properly, greatly reduces the chance of spreading germs. These germs can enter your body when your unwashed hands touch your nose, mouth, or open wounds. Some of these germs have even changed themselves to protect themselves against an antibiotic.

Best practice for washing hands:

Before you:

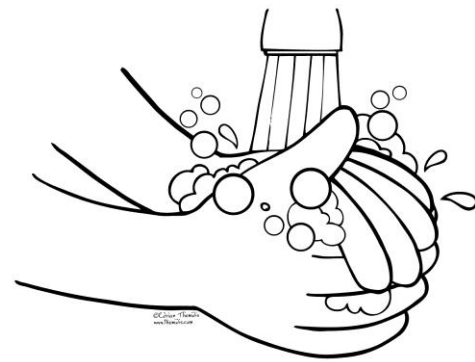
Prepare or eat food; treat a wound or cut; tend to someone who is sick or injured; touch a baby.

After you: Use the restroom; handle uncooked food; change a diaper; blow your nose, cough or sneeze; or handle garbage.

How to properly wash your hands:

Use soap and warm, running water. Rub your hands together for 10-15 seconds (sing the 'ABC' song – twice). Wash all surfaces, including your wrists, palms, backs of your hands, fingers and under your nails. Dry your hands using a clean towel.

Let's all help to stay healthy!



## Take me out to the ballgame!

On Tuesday, April 30<sup>th</sup>, in conjunction with Independent Living residents, we will be attending a Greenville Drive Baseball Game. The tickets are \$9.00 and come with \$5 worth of food from the concession stands! This is an afternoon game beginning at 2pm, however, we will be leaving here at Noon.

We have reserved sections 101 & 102 – which is covered and has handicap accessible seating (meaning it is flat).

Family is encouraged and invited to join us at the game. Please make sure belongings are brought in *clear*

*plastic bags or a clear zip lock bag* – for security purposes. Ladies, no purses will be allowed in the stadium without a thorough search by security at the gate.

Please sign up on the sheet next to Becky's office. **Deadline to participate will be 4/15/19** – to allow for extra tickets to be ordered, if needed.

If you have any questions, please ask Becky in Life Enrichment!

## Hearing Screening and Maintenance

Dr. Alisa McMahon, MS, F-AAA, will be here on April 11<sup>th</sup> from 1:00 to 4:00pm to check your hearing and/or perform hearing aid maintenance. This is a FREE screening. She will bring cleaning tools and batteries and answer any questions you may have.

Please schedule an appointment for this wonderful service with Becky in Life Enrichment.



## Easter Expenses (statistical worldwide)

Did you know? (These statistics are based off 2017 and 2018 values).

\$18.2 Billion will be spent on Easter-related expenses.

\$150 will be spent personally – per person (average).

\$3.2 Billion will be spent on new clothing.

\$5.7 Billion will be spent on food costs to prepare a celebratory feast.

\$2.6 Billion will be spent on candy.

\$2.9 Billion will be spent on Easter gifts. Only 77% of Moms will buy or make an Easter basket for their kids and 49% of the Moms will buy non-traditional gifts, such as, books.

90 million chocolate bunnies are made worldwide for Easter.

90% of the Easter Baskets include chocolate and/or candy.

There are 43 different flavors of Peeps (marshmallow bunnies).

81% of Americans will celebrate Easter.

The first inaugural White House Easter Egg Roll/Hunt was held in 1878. Last year 501,000 Easter eggs were 'hunted'.

