

Come to Life  
@  
Vernon Woods!  
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Updated 3/24/2019  
**DDS**  
Calendar Subject to Changes!





# April 2019



## Vernon Woods Retirement Community "Fit For You®" Calendar

**Address:**  
101 Vernon Woods Drive  
LaGrange, Ga 30240

**Phone:** 706-812-2899

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <b>7</b> 3:00 Piano Music w/ Greg Hurley 6:15 Bible Study w/ Avi	<b>April Fool's Day 1</b> 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE 2:00 Remember When? 3:00 Reading Room	<b>2</b> 9:30 Coffee Talk 10:00 Strong for Life Exercise 2:00 Tai Chi <b>4:00 Intercessory Prayer</b> 6:30 Moments w/ Mike	<b>3</b> 9:30 Coffee Talk 10:00 ALL Shopping 11:15 MOB EXERCISE 2:00 Community Bingo 3:30 Farkle/Rummikub	<b>4</b> 9:30 Coffee Talk 10:00 BP Check <b>11:15 TLC Luncheon</b> 2:15 MOB & More 3:00 Rummikub	<b>5</b> 9:30 Coffee & Biscuit 10:15 Brain Builders 11:00 Farkle/Rummikub 2:00 Big Bus Joy Ride	<b>6</b> 10:00 Coffee & Snack 6:30 Moments w/Mike
<b>7</b> 3:00 Piano Music w/ Greg Hurley 6:15 Bible Study w/ Avi	<b>8</b> 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE 2:00 Use Your Noodle 3:00 Reading Room 4:00 Cuddle Buddies	<b>9</b> 9:30 Coffee Talk 10:00 Strong for Life Exercise 2:00 Tai Chi <b>4:00 Intercessory Prayer</b> 6:30 Moments w/ Mike	<b>10</b> 9:30 Coffee Talk 10:00 ALL Shopping 10:00 Bible Study w/Paul 11:15 MOB EXERCISE 2:00 Community Bingo 3:30 Farkle/Rummikub	<b>11</b> 9:30 Coffee Talk 10:00 BP Check 1:00 Volunteer Gathering <b>2:30 Bible Study w/ Marsha Thacker</b>	<b>12</b> Podiatry Services (By Appointment only) 9:30 Coffee & Biscuit 11:00 Farkle/Rummikub 2:00 Reading Room	<b>13</b> 10:00 Coffee & Snack 10:45 Outing! LaGrange Boardgame 2:30 Farkle
<b>14</b> 1:30 Bible Study w/ Jan Tolbert 3:00 Piano Music w/ Greg Hurley	<b>15</b> 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE 2:00-4:30 Hymns, Easter Egg Coloring & Resident Only Egg Hunt	<b>16</b> 9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 3:00 Presbyterian Communion <b>4:00 Intercessory Prayer</b> 6:30 Moments w/ Mike	<b>17</b> 9:30 Coffee Talk 10:00 ALL Shopping 11:15 MOB EXERCISE 2:00 Community Bingo 3:30 Farkle/Rummikub	<b>18</b> 9:30 Coffee Talk 10:00 BP Check 3:00 Rummikub <b>6:00-8:00 Easter Family Celebration</b> For: residents, staff and family of residents & staff	<b>Good Friday 19</b> 9:30 Coffee & Biscuit 10:15 Brain Builders 11:00 Farkle/Rummikub <b>12:30 Lunch n Learn (Program after lunch)</b> 2:00 Reading Room	<b>20</b> 10:00 Coffee & Snack 6:30 Moments w/Mike
<b>Happy Easter 21</b> 10:30 You're Invited (Worship Service) 3:00 Piano Music w/ Greg Hurley 6:15 Bible Study w/ Avi	<b>Earth Day 22</b> 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE <b>2:00 Earth Day Program</b> 3:00 Reading Room 4:00 Cuddle Buddies	<b>23</b> 9:30 Coffee Talk 10:00 Strong for Life Exercise 2:00 Tai Chi <b>4:00 Intercessory Prayer</b> 6:30 Moments w/ Mike <b>7:00 LSO</b>	<b>24</b> 9:30 Coffee Talk 10:00 ALL Shopping 11:15 MOB EXERCISE 2:00 Community Bingo 3:30 Farkle/Rummikub	<b>25</b> 9:30 Coffee Talk 10:00 BP Check <b>11:00 Merry Makers</b> 2:15 MOB & More 3:00 Rummikub	<b>26</b> 9:30 Coffee & Biscuit <b>11:00-1:00 Scenic Drive &amp; Lunch on the Bus.</b> 2:00 Reading Room	<b>27</b> 10:00 Coffee & Snack 10:45 Outing! LaGrange Boardgame
<b>28</b> 3:00 Piano Music w/ Greg Hurley 6:15 Bible Study w/ Avi	<b>29</b> 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE 2:00 Remember When? 3:00 Reading Room	<b>30</b> 9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi <b>4:00 Intercessory Prayer</b> 6:30 Moments w/ Mike		<i>Life is a precious gift meant to be lived to the fullest extent!</i>		<b>We will meet in May to discuss our September getaway</b> 

**Life Enrichment Director's- Linda Siersma (706)812-2802 & Denise Dixon Stewart (706)298-5551**