

Inspirations Senior Living  
931 Honeysuckle St.  
Pahrump, NV. 89048

Postage  
Information



April 2019

INSPIRATIONS

A GRACE MGMT COMMUNITY

Inspirations Senior Living 931 Honeysuckle St., Pahrump, NV 89048 775.751.2300



## Spring legends

The phoenix earned its legendary immortality by refusing to eat from the forbidden tree in the Garden of Eden. Every 500 years, the bird is said to create a nest of herbs and spices, rest on it, and set itself on fire. After the fire dies down, an egg laid by the phoenix is found among the ashes. The egg hatches, and the phoenix emerges, resurrected.

Eggs have been associated with spring rituals for millennia. Ancient Egyptians, Persians, Romans, Gauls, and Chinese all embraced the egg as a symbol of the universe, and today, eggs are as much a part of Easter, and springtime, as Easter bonnets and fancy flowers.

The word "Easter" is linked to the Old English word for "east" and owes its origin to a pagan spring festival that itself is derived from the Latin root for the word "dawn." Dawn begins in the east, and both Easter and springtime mark a new dawning.

In pre-Christian Europe, Anglo-Saxons worshipped Eostre (or Ostara), the moon goddess of spring and fertility. She was always portrayed as standing among spring flowers and holding an egg in her hand. Her sacred animal was the hare, which laid eggs to honor her and encourage her fruitfulness.

The Druid goddess of fertility, Blodeuwedd, was the first of a long line of Flower Women revered by the Celts. (Guinevere, who married the King Arthur of legend, was a Flower Woman.) Blodeuwedd's face and hair were portrayed in spring flowers, and Celts knew the path of a Flower Woman by the patches of white clover that bloomed in her wake. She was the goddess not only of fertility but also of magic, innocence, and dawn.

Later Christians appropriated and adapted many pagan traditions and symbols for their own celebration of resurrection. Another reason eggs became a part of this religious holiday is that they were one of the foods forbidden during Lent, the forty-day period of fasting and penitence that ends on Easter Sunday. In rural households, eggs were always plentiful in the springtime.

One Easter custom of early Christians was to add perfume or fragrant oils to holy water and sprinkle it around the house, on pets, and in food to ensure blessings. On Easter Monday, men would wake women with a sprinkling of the fragrant Easter water and speak the words "May you never wither".

## Breaking Baseball's Color Line



Each year, Major League Baseball honors Jackie Robinson by celebrating April 15 as Jackie Robinson Day. Back in 1947, April 15 was opening day, and young

Jackie Robinson made his debut for the Brooklyn Dodgers. Robinson went an unmemorable 0-3, only reaching base on a throwing error, yet he made history as the first African American to play in the big leagues. His debut ended 80 years of segregation in the game. Less than 10 years later, the percentage of black players on Major League teams matched or exceeded that of the general population. Robinson was not only a Hall-of-Fame player but an American cultural hero. Each year on April 15, players don Robinson's universally retired number 42 to honor the courageous man who broke baseball's "color line."



## Wild Guesswork

There may be no prize for guessing what holiday falls on April 15, but you'd be right if you guessed Take a Wild Guess Day.

It is no fluke that this holiday coincides with Tax Day in the United States. Take a Wild Guess Day inventor Jim Barber wanted to celebrate the random nature of wild guessing in contrast to the exact science of filing taxes. It turns out that this is the perfect day to follow hunches, leap to conclusions, and not listen to reason. You can celebrate by filling a jar with jelly beans and guessing the amount. After all, what's the worst that can happen if you take a wild guess?

A wild guess may be better than no guess at all. Jim Barber acted on a hunch that his holiday would be a hit. Guess what? He was right.

## Management Team

T E A M



**Janessa Becker**  
Executive Director

**Arleen Koontz**  
Sales Director

**Laura Billman**  
Wellness Director

**Danielle Tuck**  
Business Office Manager

**Lisa Gilbo**  
Life Enrichment Director

**Jessie Abney**  
Food Service Director

**Paul Gilbo**  
Maintenance Director

### March's Special Activities



Tuesday, April 2<sup>nd</sup> at 3 PM – Activity Room – Don Marcum sings Love Songs



Thursday, April 4<sup>th</sup> at 3 PM Activity Room – Happy Hour with Silver & Gold Bob



Friday, April 5<sup>th</sup> at 10 Am – Activity Room – Healthy Living for your Brain and Body



Monday, April 8<sup>th</sup> at 11 AM – Trip to play Bingo at the Pahrump Nugget



Wednesday, April 10<sup>th</sup> at 3PM – Sargent Dan the Accordion Man - Activity Room



Thursday, April 11<sup>th</sup> at 3 PM – Activity Room – Karaoke Style



Friday, April 8<sup>th</sup> at 10 AM Activity Room – Resident Council Meeting – All Welcome



Monday, April 15<sup>th</sup> at 11:30 Am – Trip to Carl's JR then Picnic Lunch at the Park



Wednesday, April 17<sup>th</sup> at 10AM – Bistro – Coffee with the E.D.



Thursday, April 18<sup>th</sup> at 3PM – Happy Hour w/Troy Steele and Rick – Activity Room



Friday, April 19<sup>th</sup> at 10 AM - Activity Meeting in the Private Dining Room.

### April Birthdays

In astrology, those born April 1–19 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals. Those born April 20–30 are Bulls of Taurus. Bulls are stable, reliable, patient, and determined. They will work hard and finish the job no matter what gets in their way, but they expect to be rewarded!

|             |      |
|-------------|------|
| Carol P.    | 4/4  |
| Pat O.      | 4/16 |
| Patricia J. | 4/18 |
| Bob E.      | 4/21 |
| Ruth M.     | 4/23 |
| Lillian M.  | 4/23 |



Saturday, April 20<sup>th</sup> at 2PM – Activity Room – Vet's for Vet's Ice Cream Social



Thursday, April 25<sup>th</sup> at 3PM – Happy Hour w/Pablo in the Activity Room



Romero's for Lunch at 11:45 AM - Lobby

**Reminder: Please remember to not schedule any appointments after 3PM if at all possible. Thank you, Lisa Gilbo Life Enrichment Director**



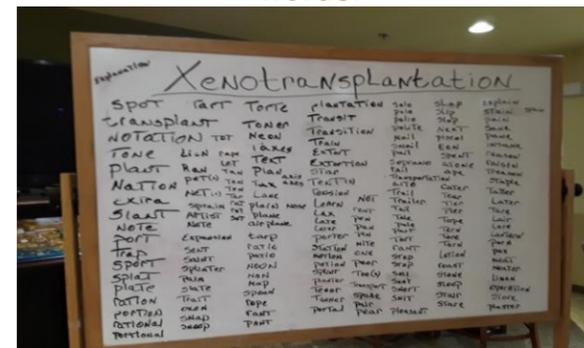
### Chitter Chatter from the E.D.'s Desk

Spring is in the air! It's such an exciting time; with the weather being a perfect 72 degrees it encourages many of our residents to sit outside and enjoy the sun. Just a reminder to all that as the weather gets warmer, drink plenty of water as it is easy to become dehydrated. If you are going for a longer walk around the building, please sign out or let the receptionist know. Enjoy the beautiful spring weather!

Janessa Becker  
Executive Director

### Word Game on Wednesday Afternoons

This is the word that we used for the word game Xenotransplantation. The definition for Xenotransplantation – transplantation of an organ, tissue, or cells between two different species. The object is to find words within this word. This is the second time we have done this. The residents were able to find 284 words.



### Get Things Rolling

On Monday, April 22, Americans will enjoy an annual Easter tradition by rolling Easter eggs on the South Lawn of the White House. The Easter egg roll is one of the White House's oldest annual events. While informal egg-rolling parties may have been held at the White House as far back as Abraham Lincoln's administration, it was Dolley Madison who first suggested a public egg roll, not at the White House but at the U.S Capitol in 1872. Landscaping concerns led Congress to ban the practice in 1878, but legend has it that angry citizens stormed the White House gates and demanded that children be allowed to roll their eggs. President Rutherford B. Hayes had little choice but to open the South Lawn of the White House, and the event has taken place there ever since. The celebration has evolved over the years. Egg croquet was once popular, and John Phillip Sousa once played for the crowd. In 1933, Eleanor Roosevelt greeted rollers over a national radio broadcast, and in 1974, the egg-rolling race was initiated, with contestants using spoons from the White House kitchen. While the event has been canceled due to inclement weather or even in times of war, Americans may rest assured that come Easter Monday, eggs will roll at the White House.



### GOOD FRIENDS MAKE GOOD NEIGHBORS

Refer a friend and **EACH** of you will receive a **\$1000\*** rent credit!

\*Referred resident must complete a full 30 days of residency