



# THE HIGHLANDS

A GRACE MGMT COMMUNITY

## Week of April 14th 2019

### Good to Go Dinner Menu \$15 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Soups</b>	Corn Chowder	Three Onion	Pumpkin Bisque	Tomato	Italian Wedding	Clam Chowder	Black Bean
<b>Salad</b>	Roast Pork	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
<b>Entrees</b>	Crème Brulee FT	Meat Lasagna	Kielbasa n Peppers	Seafood Newburg	Roast Chicken	Meatloaf	Chicken Marsala
	Scrambled Eggs	Lemon-Pepper Cod	Roasted Chicken Thighs	BBQ Pulled Pork	Veal Parmesan	Popcorn Shrimp	Beans n Franks
<b>Starch</b>	Mashed Reds	Whipped Potato	Pasta Salad	Cole Slaw	Whipped Potato	Baked Potato	Whipped Potato
	Home Fries	Rice Pilaf	Roasted Reds	Mashed Sweet Potatoes	Stuffing	French Fries	Baked Sweet Potato
<b>Vegetables</b>	Brussels Sprouts	Wax Bean Amandine	Broccoli	Green Beans	Zucchini	Harvard Beets	Spinach
	Sesame Carrots	Peas n Pimento	Corn	Vegetable Medley	Mashed Turnips	Sugar Snap Peas	Carrots
<b>Desserts</b>	Boston Cream Pie	Peanut Butter Cake	Baklava	French Silk Pie	Raspberry Cookie	Apple Cheesecake	Banana Cream Pie
	Strawberry Yogurt Cake	Blueberry Pie	Choc Toffee Cake	Orange-Cran Tapioca Parfait	Strawberry Pie	Choc Filled Cookie	Lemon Chiffon

### Good to Go "Lighter Fare" Menu \$10

<b>Hot Dog, French Fries*V</b> and Cole Slaw	<b>Ham Steak n Eggs*V</b> your way with fresh fruit and of toast	<b>Cobb Salad*V</b> On a bed of crunchy greens, smoked turkey with tomato, bacon, bleu cheese, red onion, hard boiled eggs and guacamole. Served with a red wine vinaigrette	<b>Inside-Out Chicken Pie*V</b> hand-picked white and dark meat in a savory gravy with carrots, peas and corn piled high on a biscuit
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\*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address