

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 April Fools Day! 10:00 Coffee and Chat 10:30 Drumming with Shirsten 1:45 Scenic Ride 3:00 Travel Video 4:30 Stretch your Muscles 6:00 Relaxation & Music	2 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:30 Reading with Bill 3:15 Kevin Farley 4:30 Stretch your Muscles 6:00 Relaxation & Music	3 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:30 Bingo 3:00 Nail Salon 4:30 Stretch your Muscles 6:00 Relaxation & Music	4 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:30 Yarn Flowers 3:00 Hand Massages 4:30 Stretch your Muscles 6:00 Relaxation & Music	5 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:30 lets make cookies 2:00 Ice Cream Social 3:00 Old Time Shows 4:30 Stretch your Muscles 6:00 Relaxation & Music	6 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 2:00 Movie Matinee 3:15 Snack and Hydration 4:30 Stretch your Muscles 6:00 Relaxation & Music	
7 10:00 Words of hope, hymns & Sermons 11:00 Exercise and Hydration 2:30 Mike McCarthy 4:30 Stretch your Muscles 6:00 Relaxation & Music	8 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:00 Come meet the team! 1:45 Scenic Ride 3:00 Horse Race 4:30 Stretch your Muscles 6:00 Relaxation & Music	9 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:30 Reading with Bill 3:00 Movie Matinee 4:30 Stretch your Muscles 6:00 Relaxation & Music	10 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:30 Daffodil craft 3:00 Dale Kneeland 4:30 Stretch your Muscles 6:00 Relaxation & Music	11 National Pet Day 10:00 Coffee and Chat 10:30 Travel Video 11:00 Chair Yoga with Celia 1:45 Scenic Ride 3:00 Happy Hour 4:30 Stretch your Muscles 6:00 Relaxation & Music	12 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 2:00 Ice Cream Social 3:30 Cross word puzzle 4:30 Stretch your Muscles 6:00 Relaxation & Music	13 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 2:00 Cooking with Heather 3:00 Movie Matinee 4:30 Stretch your Muscles 6:00 Relaxation & Music	
14 National Gardening day 10:00 Words of hope, hymns & Sermons 11:00 Exercise and Hydration 1:30 Love your Garden-Netflix 4:30 Stretch your Muscles 6:00 Relaxation & Music	15 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:45 Scenic Ride 3:00 Play dough! 4:30 Stretch your Muscles 6:00 Relaxation & Music	16 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:30 Reading with Bill 3:00 Movie Matinee 4:30 Stretch your Muscles 6:00 Relaxation & Music	17 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:30 Bingo 3:00 Old time Shoes 4:30 Stretch your Muscles 6:00 Relaxation & Music	18 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:45 Scenic Ride 3:00 Hand Massages 4:30 Stretch your Muscles 6:00 Relaxation & Music	19 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 2:00 Ice Cream Social 3:00 Easter eggs! 4:30 Stretch your Muscles 6:00 Relaxation & Music	20 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 2:00 Movie Matinee 3:15 Snack and Hydration 4:30 Stretch your Muscles 6:00 Relaxation & Music	
21 Happy Easter! 10:00 Words of hope, hymns & Sermons 11:00 Exercise and Hydration 1:30 Movie Matinee- Peter Rabbit 4:30 Stretch your Muscles 6:00 Relaxation & Music	22 Earth Day! 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:45 Scenic Ride 3:00 Crafts with Heather 4:30 Stretch your Muscles 6:00 Relaxation & Music	23 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 12:30 Outing 2:30 Movie Matinee 4:30 Stretch your Muscles 6:00 Relaxation & Music	24 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:00 Book Marks 3:00 Sharon Wright 4:30 Stretch your Muscles 6:00 Relaxation & Music	25 10:00 Coffee and Chat 10:30 Travel Video 11:00 Chair Yoga with Celia 1:45 Scenic Ride 3:00 Happy Hour 4:30 Stretch your Muscles 6:00 Relaxation & Music	26 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 2:00 Ice Cream Social/Phil Smith 4:30 Stretch your Muscles 6:00 Relaxation & Music	27 GK Wedding! 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 2:00 GK Wedding 4:30 Stretch your Muscles 6:00 Relaxation & Music	
28 10:00 Words of hope, hymns & Sermons 11:00 Exercise and Hydration 1:30 Bird Houses 3:00 Old time shows 4:30 Stretch your Muscles 6:00 Relaxation & Music	29 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:45 Scenic Ride 3:00 Old time shows 4:30 Stretch your Muscles 6:00 Relaxation & Music	30 10:00 Coffee and Chat 10:30 Travel Video 11:00 Exercise and Hydration 1:30 Reading with Bill 3:00 Old time shows 4:30 Stretch your Muscles 6:00 Relaxation & Music					