

Come to Life
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Vernon Woods!
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Updated 2/25/2019
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Calendar Subject to Changes!



March 2019



Vernon Woods Retirement Community "Fit For You®" Calendar

Address:
101 Vernon Woods Drive
LaGrange, Ga 30240

Phone: 706-812-2899

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>You are <i>NEVER</i> to old to set a new goal or to dream a new dream. C.S. Lewis</p>		<p>A good friend is like a four-leaf clover, hard to find and lucky to have!</p>		<p>Mardi Gras Masquerade 2/5</p>	<p>1 9:30 Coffee & Biscuit 10:15 Brain Builders 11:00 Farkle/Rummikub 2:00 Big Bus Joy Ride</p>	<p>2 10:00 Coffee & Snack 6:30 Moments w/Mike</p>
<p>3 10:30 You're Invited (Worship Service) 3:00 Piano Music w/ Greg Hurley 6:15 Bible Study w/ Avi</p>	<p>4 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE 2:00 Use Your Noodle 4:00 Cuddle Buddies Celebrates Sophie's b-day</p>	<p>5 9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 2:30 Mardi Gras Masquerade 4:00 Interspersory Prayer 6:30 Moments w/ Mike</p>	<p>6 9:30 Coffee Talk 10:00 ALL Shopping 10:00 Bible Study w/Paul 11:15 MOB EXERCISE 2:00 Community Bingo 3:30 Farkle/Rummikub</p>	<p>7 9:30 Coffee Talk 10:00 BP Check 2:30 Bible Study w/ Marsha 4:45 Dinner Outing Captain's Cove</p>	<p>8 9:30 Coffee & Biscuit 10:15 Brain Builders 11:00 Farkle/Rummikub 2:00 Craft Time</p>	<p>9 10:00 Coffee & Snack</p>
<p>10 10:30 You're Invited (Worship Service) 1:30 Bible Study w/ Jan Tolbert 3:00 Piano Music w/ Greg Hurley</p>	<p>11 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE 2:00 Classical Guitar w/ Jeff 3:00 Reading Room</p>	<p>12 9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 3:00 Hall Gathering (Gordon Street) 4:00 Interspersory Prayer 6:30 Moments w/ Mike</p>	<p>13 9:30 Coffee Talk 10:00 ALL Shopping 11:15 MOB EXERCISE 1:00 Remember When? 2:00 Farkle/Rummikub 3:30 Community Bingo w/ Interact Kids</p>	<p>14 9:30 Coffee Talk 10:00 BP Check 2:30 MOB & More 3:30 Rummikub 6:00 Name That Tune w/ Dale Allen</p>	<p>15 9:30 Coffee & Biscuit 10:00 Celebrate Change 11:00 Farkle/Rummikub Go find your favorite GREEN & get ready for St. Patrick's Day Fun! </p>	<p>16 10:00 Coffee & Snack 12:30 St. Patrick's Pizza Party (Wear Green) Unity Baptist Veterans (from Newnan) will join us for this event. 6:30 Moments w/Mike</p>
<p>17 10:30 You're Invited (Worship Service) 3:00 Piano Music w/ Greg Hurley 6:15 Bible Study w/ Avi</p>	<p>18 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE 2:00 Use Your Noodle 3:00 Reading Room 4:00 Cuddle Buddies</p>	<p>19 9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 3:00 Presbyterian Communion 4:00 Interspersory Prayer 6:30 Moments w/ Mike 7:00 LSO</p>	<p>20 9:30 Coffee Talk 10:00 ALL Shopping 11:15 MOB EXERCISE 2:00 Community Bingo 3:30 Farkle/Rummikub</p>	<p>21 9:30 Coffee Talk 10:00 BP Check 11:00 Merry Makers 3:30 Rummikub</p>	<p>22 9:30 Coffee & Biscuit 10:15 Brain Builders 11:00 Farkle/Rummikub 12:30 Lunch n Learn (Program after lunch)</p>	<p>23 10:00 Coffee & Snack 10:45 LaGrange Boardgame</p>
<p>24 10:30 You're Invited (Worship Service) 3:00 Piano Music w/ Greg Hurley 6:15 Bible Study w/ Avi</p>	<p>25 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE 2:00 Beach Ball Game 3:00 Reading Room</p>	<p>26 9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 4:00 Interspersory Prayer 6:30 Moments w/ Mike</p>	<p>27 Massage Therapy Day 9:30 Coffee Talk 10:00 ALL Shopping 11:15 MOB EXERCISE 1:00 Remember When? 2:00 Community Bingo 3:30 Farkle/Rummikub</p>	<p>28 9:30 Coffee Talk 10:00 BP Check 2:30 MOB & More 3:30 Bible Study w/ Denise</p>	<p>29 9:30 Coffee & Biscuit 10:15 Brain Builders 11:00 Farkle/Rummikub 2:00 Big Bus Joy Ride</p>	<p>30 10:00 Coffee & Snack 6:30 Moments w/Mike</p>

Life Enrichment Director's- Linda Siersma (706)812-2802 & Denise Dixon Stewart (706)298-5551