

Inspirations Senior Living  
931 Honeysuckle Road  
Pahrump, NV 89048

Postage  
Information



March 2019

**INSPIRATIONS**  
A GRACE MGMT COMMUNITY

Inspirations Senior Living 931 Honeysuckle St., Pahrump, NV 89048 775.751.2300



### Management Team



**Janessa Becker**  
Executive Director

**Arleen Koontz**  
Sales Director

**Laura Billman**  
Wellness Director

**Danielle Tuck**  
Business Office Manager

**Lisa Gilbo**  
Life Enrichment Director

**Jessie Abney**  
Food Service Director

**Paul Gilbo**  
Maintenance Director

### Valentine's Day Decorations



Thank you all who decorated their door areas for Valentines Day! Also a special thank you for the painted dining room windows done by Nancy and Sabre!!!

### Night Owls



The International Festival of Owls, a celebration of these mysterious nighttime creatures, will occur during the first three days of March. Is it the owl's nocturnal nature, their swift silence, their chilling calls of "who," or their bizarre rotating necks that make them so fascinating? These birds have figured prominently in our imaginations for millennia. In ancient Greece, the owl was the symbol of Athena, goddess of wisdom. It was believed that an "inner light" gave the owl its superb night vision, and it was considered a good omen if an owl was spied overhead watching you. Because an owl is a bird of darkness, it has often been associated with death. During the Middle Ages, owls were thought to be witches or witches' helpers. American Indians, too, held many beliefs about owls and death. To some, owls were guides of the recently deceased to the underworld. During the Festival of Owls, take the time to encounter one of these magnificent animals up close and you, too, may begin to think they are more than just birds.

### Grammar Rules

The Society for the Promotion of Good Grammar has declared March 4 as Grammar Day. English is often said to be the hardest language to learn, and English grammar is even difficult for native speakers. Why is it so difficult? The order of words, pronunciations, homophones, synonyms, idioms—all of these are confusing! As language evolves, more and more grammar rules are being ignored. It is considered okay to begin a sentence with *And* or *But*, just as it is acceptable to end a sentence with a preposition. You can also split as many infinitives as you want! There are some rules, however, that are not as flexible. Double negatives are still a no-no. Also, *alot* is still not a word. You can write *a lot* when you mean "many," or *alot* when you're assigning a share or portion. With well over a million words in the English language, you are likely to find something to celebrate today.

## March's Special Activities



Friday, March 1<sup>st</sup> at 1 PM – Trip to Lakeside Casio



Monday, March 4<sup>th</sup> at 11:30 AM – Out to Lunch – Panda Express



Tuesday, March 5<sup>th</sup> at 3 PM – Activity Room - Love Songs – Sung by Don Marcum



Wednesday, March 6<sup>th</sup> at 10 AM – Pastor John – Ashes, Communion & Devotion – Activity Room



Wednesday, March 6<sup>th</sup> at 3PM – Sargent Dan the Accordion Man - Activity Room



Thursday, March 7<sup>th</sup> at 3 PM Activity Room – Happy Hour with Silver & Gold Bob



Friday, March 8<sup>th</sup> at 10 AM Activity Room – Resident Council Meeting – All Welcome



Thursday, March 14<sup>th</sup> at 3 PM – Activity Room – Karaoke Style



Monday, March 18<sup>th</sup> at 11:30 Am – Out to lunch at Tamales



Wednesday, March 20<sup>th</sup> at 10AM – Bistro – Coffee with the E.D.



Thursday, March 21<sup>st</sup> at 3PM – Happy Hour w/Troy Steele and Rick – Activity Room.

## March Birthdays

In astrology, those born March 1–20 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends. Those born March 21–31 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals.

Karen N.	3/2
Ruth S.	3/9
Bob K.	3/11
Richard W.	3/19
Darlene T.	3/22
Mary Ann K.	3/30
Kay A.	3/31



Friday, March 22<sup>nd</sup> at 7:30 AM – Watch the Hot Air Balloons from the Festival.



Also Activity Meeting at 10 AM in the Private Dining Room.



Thursday, March 28<sup>th</sup> at 3PM – Happy Hour w/Pablo in the Activity Room.



Friday, March 29<sup>th</sup> at 1 PM – Trip to Death Valley



## Chitter Chatter from the E.D.'s Desk

February is a short month with only 28 days, and every year it just flies by. March brings the promise of warmer weather, and a hint of spring coming right around the corner. I am very excited to announce that we have hired an LPN for our Wellness Director position, and her name is Laura Billman. She will be starting in her role very soon, and she is excited to meet everyone. I also would like to announce that we have expanded our lunch and dinner specials to include two choices for each meal instead of just one, or you can always order off the menu. As we continue to receive feedback from satisfaction surveys and resident council meetings, we will continue to change and grow as a community. As always, my door is always open. Thank you for everything!  
Janessa Becker Executive Director

### Meet our New Wellness Director

Laura Billman, our new Wellness Director, will be starting at our facility this March. Originally from Michigan, Laura moved from Las Vegas to Pahrump with her husband and children 22 years ago. She is a graduate of Brightwood College's Nursing Program and has spent her nursing career working with older adults. Laura is excited to join our team at Inspirations Senior Living.

## Way to Go Program!!

### What is it?

It's a way to acknowledge our employees when you catch them going above and beyond in their work duties.

### Who can fill these out?

Anyone! Residents, family members, employees, vendors. Anyone who walks in the building witnessing an act of kindness.

### What do we do with them?

We will share them in our staff meetings, and it helps us to choose our employee of the month!

### Where do I pick one up and turn it in?

The way to go forms can be found in the lobby by the water pitcher. Just fill it out and turn it in tot the fron Desk.

If you have any questions please contact our Excutive Director Janessa Becker.

Thank you

**Reminder: Please remember to sign up at the front desk if you plan on attending any Walmart Trips or any of the scheduled outings. This is due to limited seating.**

**Thank you, Lisa Gilbo  
Life Enrichment Director**

