

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# March 2019



**Daily Fitness Schedule 1**

**Thrift Store Finds Excursion / Lunch**

2:00 Classic TV Games, MT  
7:00 Friday Night Movie

**Bocce & Shuffleboard Available all Day 2**

11:00 Bingo, L  
1:00 Billiards, 2nd Floor  
2:00 Movie Matinee  
7:00 Saturday Night Movie

**Transportation to Church 3**  
**Bocce & Shuffleboard Available all Day**

11:00 Catholic Communion & and Rosary Service, S  
2:00 Movie Matinee, MT  
7:00 Sunday Night Movie

**Daily Fitness Schedule 4**

1:00 Book Club, Ar  
2:00 Bingo, L  
**3:30 Blood Pressure, S**  
7:00 Musical Movie Night, MT

**Daily Fitness Schedule 5**

9:30 Bank Run  
11:00 Grocery/Pablo Creek  
**1:00 Dermatologist**  
1:30 Scriptures Applied, S  
6:30 Wii Bowling, L  
7:00 Catholic Mass, S  
**Mardi Gras**

**Daily Fitness Schedule 6**

10:00 Graceful Movement, S  
11:00 Wii Tournament, L  
**1:30 Graceful Living Forum, S**  
6:30 Mah-Jongg, L

**Daily Fitness Schedule 7**

**10:30 Blood Pressure, S**  
11:00 Bingo, L  
1:00 Painting w/Sandi AR  
2:30 Celebration of Life for Chef Colin, CS  
3:00 Happy Hour w/Randy  
7:00 Laugh out Loud Movie

**Daily Fitness Schedule 8**

**Jax Symphony: "Cherish The Ladies"**

2:00 Classic TV Games, MT  
7:00 Friday Night Movie

**Bocce & Shuffleboard Available all Day 9**

11:00 Bingo, L  
1:00 Billiards, 2nd Floor  
2:00 Movie Matinee  
7:00 Saturday Night Movie

**Transportation to Church 10**  
**Bocce & Shuffleboard Available all Day**

11:00 Catholic Communion & and Rosary Service, S  
2:00 Movie Matinee, MT  
7:00 Sunday Night Movie  
**Daylight Savings Time Begins**

**Daily Fitness Schedule 11**

**9:00 Podiatrist**  
**10:00 Hearing Aids, AR**  
2:00 Bingo, L  
**3:30 Blood Pressure, S**  
7:00 Musical Movie Night, MT

**Daily Fitness Schedule 12**

9:30 Bank Run  
11:00 Grocery/Pablo Creek  
1:00 Library Visit  
1:30 Worship w/Holy Communion, S  
4:30 Alzheimer's Support, S  
6:30 Wii Bowling, L

**Daily Fitness Schedule 13**

11:00 Wii Tournament, L  
1:00 Painting w/Sandi, AR  
1:30 Weekly Card Game, Lib  
2:30 Crafts w/Karen, AR  
6:30 Mah-Jongg, L

**Daily Fitness Schedule 14**

**10:30 Blood Pressure, S**  
11:00 Bingo, L  
1:00 Painting w/Sandi AR  
2:00 Resident Meeting, S  
3:00 Happy Hour w/Kenyon  
7:00 Laugh out Loud Movie

**Daily Fitness Schedule 15**

**IRISH Lunch Bunch Excursion**

10:00 McGovern's Jewelry  
2:00 Classic TV Games, MT  
7:00 Friday Night Movie

**Bocce & Shuffleboard Available all Day 16**

11:00 Bingo, L  
1:00 Billiards, 2nd Floor  
2:00 Movie Matinee  
7:00 Saturday Night Movie

**Transportation to Church 17**  
**Bocce & Shuffleboard Available all Day**

**Happy St. Patrick's Day**

11:00 Catholic Communion & and Rosary Service, S  
2:00 Movie Matinee, MT  
7:00 Sunday Night Movie

**Daily Fitness Schedule 18**

11:00 Movie Trivia, S  
2:00 Bingo, L  
**3:30 Blood Pressure, S**  
7:00 Musical Movie Night, MT

**Daily Fitness Schedule 19**

9:30 Bank Run  
9:30 Avenues Mall Shopping  
11:00 Grocery/Pablo Creek  
1:30 Scriptures Applied, S  
3:00 Recreation Council, AR  
6:30 Wii Bowling, L  
**(First Election - Duval County)**

**Daily Fitness Schedule 20**

10:00 Graceful Movement, S  
11:00 Wii Tournament, L  
1:00 Painting w/Sandi, AR  
1:30 Weekly Card Game  
**3:00 Community Sing, L**  
6:30 Mah-Jongg, Lib

**Daily Fitness Schedule 21**

**10:30 Blood Pressure, S**  
11:00 Bingo, L  
1:00 Painting w/Sandi AR  
3:00 Happy Hour w/Harry  
7:00 Laugh out Loud Movie

**Daily Fitness Schedule 22**

**Burger and a Movie**

2:00 Classic TV Games, MT  
7:00 Friday Night Movie

**Bocce & Shuffleboard Available all Day 23**

11:00 Bingo, L  
1:00 Billiards, 2nd Floor  
2:00 Movie Matinee  
7:00 Saturday Night Movie

**Transportation to Church 24**  
**Bocce & Shuffleboard Available all Day**

11:00 Catholic Communion & and Rosary Service, S  
2:00 Movie Matinee, MT  
7:00 Sunday Night Movie

**Daily Fitness Schedule 25**

11:00 Movie Trivia, S  
2:00 Bingo, L  
**3:30 Blood Pressure, S**  
7:00 Musical Movie Night, MT

**Daily Fitness Schedule 26**

9:30 Bank Run  
11:00 Grocery/Pablo Creek  
1:30 Scriptures Applied, S  
3:00 Assisted Living Resident Council, S  
6:30 Wii Bowling, L

**Daily Fitness Schedule 27**

10:00 Graceful Movement, S  
11:00 Wii Tournament, L  
1:00 Painting w/Sandi, AR  
2:30 Crafts w/Karen, AR  
**5:30 Wolfson's Speaker Series: Tony Dungy**  
6:30 Mah-Jongg, L

**Daily Fitness Schedule 28**

**10:30 Blood Pressure, S**  
11:00 Bingo, L  
1:00 Painting w/Sandi AR  
3:00 Happy Hour w/Sass and Brass  
7:00 Laugh out Loud Movie

**Daily Fitness Schedule 29**

**Cumberland Island Boat Tour Excursion**

2:00 Classic TV Games, MT  
7:00 Friday Night Movie

**Bocce & Shuffleboard Available all Day 30**

11:00 Bingo, L  
1:00 Billiards, 2nd Floor  
2:00 Movie Matinee  
**6:30 Homeward Bound Concert**  
7:00 Saturday Night Movie

**Transportation to Church 31**  
**Bocce & Shuffleboard Available all Day**

11:00 Catholic Communion & and Rosary Service, S  
2:00 Movie Matinee, MT  
7:00 Sunday Night Movie

**Salute to Ireland this month!**  
**Don't miss these great opportunities:**

**March 8<sup>th</sup> - Cherish the Ladies Symphony Excursion (Irish American Song & Music)**  
**March 15<sup>th</sup> - Irish Lunch Bunch**  
**March 17<sup>th</sup> - Corned Beef & Cabbage & Green Beer!**



**Activity Locations:**

**AR...Activity Room      L...Lounge**  
**MT...Movie Theater      B...Bistro**  
**S.....Sanctuary          Lib...Library**  
**CS...Center Stage**