Come to Life
@
Vernon Woods!
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Updated 1/25/2019
DDS
Calendar Subject to Changes!

February 2019

Vernon Woods Retirement Community "Fit For You ®" Calendar

Address:
101 Vernon Woods Drive
LaGrange, Ga 30240

Phone: 706-812-2899

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Love pursues passionately with a purpose and that purpose is to win the heart it pursues!			**1** 9:30 Coffee & Biscuit 10:15 Lumosity 11:00 Farkle/Rummikub **2:30** **Super Bowl Party**	**2** 10:00 Coffee & Snack **11:00** **Outing** **Steak n Shake**
3 9:00 – 12:30 Church Transportation **3:00** **Voice Recital**	**4** 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE 2:00 Use Your Noodle 3:00 Reading Room 4:00 Cuddle Buddies	**5** 9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 3:00 Reading Room **4:00 Intercessory Prayer** **6**:30 Moments w/ Mike	**6** 9:30 Coffee Talk 10:00 ALL Shopping 10:00 Bible Study w/Paul **11:30 MOB EXERCISE** 2:00 Community Bingo 3:30 Farkle/Rummikub	**7** 9:30 Coffee Talk 10:00 BP Check 11:30 TLC Lunch 2:30 Bible Study w/ Marsha	**8** 9:30 Coffee & Biscuit 10:15 Lumosity 11:00 Farkle/Rummikub **2:30** **Art w/ Cassie**	**9** 10:00 Coffee & Snack
10 9:00 – 12:30 Church Transportation **1:30** **Bible Study w/** **Jan Tolbert** **3:00** **Piano Music w/** **Greg Hurley**	**11** 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE 2:00 Use Your Noodle 3:00 Reading Room	**12** 9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi **3:00 Valentine Party** **4:00 Intercessory Prayer**	**13** 9:30 Coffee Talk 10:00 ALL Shopping 11:00 MOB EXERCISE **1:00 Remember When?** 2:00 Community Bingo w/ Vincent 3:30 Farkle/Rummikub	**14** 9:30 Coffee Talk **10:00 Valentine Brunch** 2:00 MOB/Dance **3:30 Piano w/ Patricia**	**15** 9:30 Coffee & Biscuit 10:15 Lumosity 11:00 Farkle/Rummikub **1:00 Lunch n Learn** **(Program @ 2:15)**	**16** 10:00 Coffee & Snack
17 9:00 – 12:30 Church Transportation **3:00** **Piano Music w/** **Greg Hurley**	**18** 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE 2:00 Use Your Noodle 3:00 Reading Room 4:00 Cuddle Buddies	**19** 9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi **4:00 Intercessory Prayer** 6:30 Moments w/ Mike	**20** **10:00-4:30** **Massage Therapy w/** **Cheryl Twickler** 9:30 Coffee Talk 10:00 ALL Shopping 11:00 MOB EXERCISE 2:00 Community Bingo 3:30 Farkle/Rummikub	**21** 9:30 Coffee Talk 10:00 BP Check **11:30 Heart Truth** **Luncheon** 2:30 Flower Pen Craft 3:30 Stories & Songs w/ Dale	**22** 9:30 Coffee & Biscuit 11:00 Farkle/Rummikub **11:00 Outing** **Quilt Showcase** **(tea,scones,speaker)** **2:30** **Art w/ Cassie**	**23** 10:00 Coffee & Snack 10:45 LaGrange Boardgame **2:30** **Grace Abounds** **3:30** **Veterans Fellowship w/** **Unity Baptist Veterans**
24 9:00 – 12:30 Church Transportation **3:00** **Piano Music w/** **Greg Hurley**	**25** 9:30 Coffee Talk 10:00 Yoga Class 11:15 MOB EXERCISE 2:00 Use Your Noodle 3:00 Reading Room	**26** 9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi **3:00 Hall Gathering** **(Broad Street)** **4:00 Intercessory Prayer** 6:30 Moments w/ Mike	**27** 9:30 Coffee Talk 10:00 ALL Shopping 11:00 MOB EXERCISE **1:00 Remember When?** 2:00 Community Bingo 3:30 Farkle/Rummikub	**28** 9:30 Coffee Talk 10:00 BP Check 2:00 MOB/Dance 3:30 Bible Study w/ Denise		**Love is Patient** **Love is Kind** **Love bears all things, believes all things, hopes all things and endures all things.** **Love never fails!**

Life Enrichment Director's- Linda Siersma (706)812-2802 & Denise Dixon Stewart (706)298-5551