

Sun

Mon

Tue

Wed

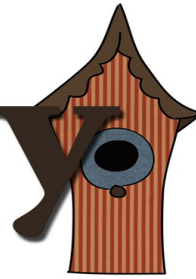
Thu


Fri

Sat



# February



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Karaoke 4:15 Word Puzzles	2 <b>Groundhog Day</b> 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Music & Art 4:15 One on Ones
3 <b>Popcorn Day</b> 2:00 *Hymns	4 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Bean Bag Toss 4:15 Crockpot Cocoa	5 <b>Chinese New Year</b> 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 All About Chinese New Year 4:15 *Of the Day 6:00 Bible Study & Hymn Sing	6 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Masanobu Ikemiya 4:15 One on Ones 4:45 Fresh Bread	7 10:00 Maizy Visit 2:00 Music Therapy 4:15 *Good News Stories	8 <b>National Pizza Day</b> 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Make Your Own Mini Pizza 4:15 One on Ones	9 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Heart Wreath Craft 4:15 Jigsaw Puzzles
10 2:00 *Hymns	11 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Impressionist Art History 4:15 Coloring Valentine Cards	12 <b>Paul Bunyan Day</b> 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Duane Nickerson 4:15 One on Ones	13 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Football Videos & Trivia 4:15 Cupid Art 4:45 Fresh Bread	14 <b>Valentine's Day</b> 10:00 Art with Janice 12:00 Judy Faust 2:00 Valentine's Day Social 4:15 One on Ones	15 10:30 Exercise 10:55 Hydration 11:00 Kickball 12:00 Dave Mussey 2:00 Indoor Walks 4:15 Crockpot Cider	16 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Rick Steves Travel, United Kingdom 4:15 One on Ones
17 2:00 Inter Church Ministries Service	18 <b>Presidents' Day</b> 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Clayton Rogers 4:15 *Presidents Trivia	19 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Bingo 4:15 *Classic Radio, Grand Ole Opry 6:00 Bible Study & Hymn Sing	20 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Dirigo Library 4:15 One on Ones 4:45 Fresh Bread	21 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Music Therapy 3:00 Baking Cake	22 <b>Wildlife Day</b> 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 January Birthday Party 4:15 *Aussie Animals	23 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Highlands Classical 4:15 *Lifestyle History, Transportation
24 2:00 Inter Church Ministries Service	25 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Popcorn & A Movie, <i>The Sound of Music</i> 4:15 Crockpot Chai Lattes	26 <b>Spa Day</b> 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Spa Hand Treatments 4:15 One on Ones	27 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Quilt Mosaic Craft 4:15 *Price Is Right 4:45 Fresh Bread	28 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Classic TV, The Carol Burnett Show 4:15 One on Ones		Dirigo Pines (207) 866-3400  <b>Arbor 2019</b>