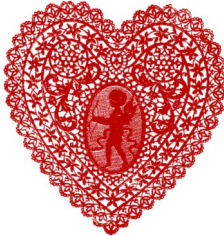


Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>February</h1>					1 10:00 Sittercise 10:30 Kickball 2:00 *Karaoke	2 <b>Groundhog Day</b> 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Music & Art
3 2:00 *Hymns	4 10:00 Sittercise 10:30 Kickball 2:00 Crafting with Helen	5 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 All About Chinese New Year 6:00 Bible Study & Hymn Sing 7:15 Linda Archambault	6 10:00 Sittercise 10:30 Kickball 2:00 Masanobu Ikemiya	7 10:00 Maizy Visit 1:00 Songsters/Variety Show Meeting 2:00 Movie Matinee 4:00 Fireside Strings 7:15 Bob Tredwell	8 10:00 Sittercise 10:30 Kickball 2:00 Make Your Own Mini Pizza	9 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Planting Herb Gardens
10 2:00 *Hymns	11 10:00 Sittercise 10:30 Kickball 2:00 Baking with Helen	12 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Duane Nickerson 7:15 John Tercyak	13 10:00 Sittercise 10:30 Kickball 2:00 *Football Videos & Trivia	14 <b>Valentine's Day</b> 10:00 Art with Janice 1:00 Songsters/Variety Show Meeting 4:00 Valentine's Day Social	15 10:00 Sittercise 10:30 Kickball 2:00 Indoor Walks	16 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Rick Steves Travel, United Kingdom
17 2:00 Inter Church Ministries Service	18 <b>Presidents' Day</b> 10:00 Sittercise 10:30 Kickball 12:00 Clayton Rogers 2:00 Puzzles with Helen	19 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Bingo 6:00 Bible Study & Hymn Sing	20 10:00 Sittercise 10:30 Kickball 12:00 Dave Mussey 2:00 Dirigo Library	21 10:30 Exercise 10:55 Hydration 11:00 Kickball 12:00 Judy Faust 1:00 Songsters/Variety Show Meeting 2:00 Movie Matinee	22 10:00 Sittercise 10:30 Kickball 2:00 January Birthday Party	23 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Highlands Classical
24 2:00 Inter Church Ministries Service	25 10:00 Sittercise 10:30 Kickball 2:30 Resident Council	26 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Spa Hand Treatments 7:15 Alessio Mortelliti	27 10:00 Sittercise 10:30 Kickball 2:00 Quilt Mosaic Craft	28 10:30 Exercise 10:55 Hydration 11:00 Kickball 1:00 Songsters/Variety Show Meeting 2:00 *Classic TV, The Carol Burnett Show		Dirigo Pines (207) 866-3400  Meadowbrook 2019