

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Activities are subject to change.

<p>9:00 NorthEnd Baptist Church-Sunday School (CH)</p> <p>9:30 Sunday Morning Coffee (TH)</p> <p>10:15 Today in History (ALL)</p> <p>11:00 Sit & Stretch (CR)</p> <p>1:30 Mah Jongg (TV)</p> <p>2:00 Word in a Word (TH)</p> <p>2:30 Yoga Sunday (FC)</p> <p>3:00 Storytelling Hour (TV)</p> <p>4:00 Trivia Challenge (TH)</p> <p>6:00 Super Bowl Party (TV)</p>	<p>3</p> <p>World Cancer Day</p> <p>9:30 Monday Mover Exercise (FC)</p> <p>10:00 Crafter's Cove (AC)</p> <p>11:00 Chair Exercise (CR)</p> <p>1:30 Trivia Challenge (TH)</p> <p>2:45 B*I*N*G*O(TV)</p> <p>4:00 Time for Wine (TH)</p> <p>4:00 Red Hatters Meeting (TV)</p> <p>6:00 Skip-Bo Card Game (TV)</p>	<p>4</p> <p>9:30 Catholic Service (CH)</p> <p>9:45 Coffee & Conversation (TH)</p> <p>10:30 Muscle Toning Exercise (FL)</p> <p>11:00 Sit & Stretch Exercise (CR)</p> <p>1:00 Bridge Group (PR)</p> <p>1:30 Food for Thought w/Sedonia (CH)</p> <p>2:00 Activity Event Planning Meeting w/Roxanne (CH)</p> <p>3:00 Farkle Dice Game w/Roxanne (TV)</p> <p>4:00 Mind Joggers (TH)</p> <p>6:00 Prayer Meeting (TV)</p>	<p>5</p> <p>9:30 Zumba w/Tricia (FC)</p> <p>10:00 Make'em Smile (TH)</p> <p>10:30 Piano Music by Gladys (TH)</p> <p>11:00 Ambassador Appreciation Meeting (PR)</p> <p>11:00 Prayer Group (CH)</p> <p>11:00 Resistance Band Exercise (CR)</p> <p>1:00 Bible Study w/Claude (TV)</p> <p>2:45 B*I*N*G*O(TV)</p> <p>4:00 All Resident Council Meeting (TV)</p> <p>6:00 Music by Clint Faulk (TH)</p>	<p>6</p> <p>9:30 Mindful Movement (FC)</p> <p>10:30 IQ Test (TH)</p> <p>10:30 Coffee & Concerns w/Jamie (PR)</p> <p>11:00 Sit & Stretch (CR)</p> <p>1:30 Mah Jongg (TV)</p> <p>2:30 Resident Birthday Party (TH)</p> <p>4:00 1950's Trivia (TH)</p> <p>6:00 Pokeno w/Shelia (TH)</p>	<p>7</p> <p>Nat. Wear Red Day</p> <p>9:00 Walmart (FL)</p> <p>9:30 Yoga Exercise w/Celeste (FC)</p> <p>10:00 S.H.I.N.E Bible Study w/Chandra Jones (TV)</p> <p>11:00 Chair Exercise (CR)</p> <p>1:30 Resident Led Games (TV)</p> <p>2:00 Walking for Charity (AC)</p> <p>2:45 B*I*N*G*O(TV)</p> <p>4:00 Wine Down (TH)</p> <p>6:00 Texas Hold'em Poker (TH)</p>	<p>1</p> <p>9:15 Sat. Morning Exercise (TV)</p> <p>2</p> <p>10:00 Coffee, Cappuccino & Conversation (TH)</p> <p>10:00 New Resident Orientation (TH)</p> <p>11:00 Morning Stretch (CR)</p> <p>1:00 Game of Choice (TV)</p> <p>2:00 Today in History (TH)</p> <p>3:00 B*I*N*G*O(TV)</p> <p>4:00 Happy Hour (TH)</p> <p>6:00 Dominoes TH)</p>
<p>9:00 NorthEnd Baptist Church-Sunday School (CH)</p> <p>9:30 Sunday Morning Coffee (TH)</p> <p>10:15 Today in History (ALL)</p> <p>11:00 Sit & Stretch (CR)</p> <p>1:30 Mah Jongg (TV)</p> <p>2:00 Word in a Word (TH)</p> <p>2:30 Yoga Sunday (FC)</p> <p>3:00 Trivia Challenge (TH)</p> <p>4:00 Talk of the Town (TH)</p> <p>6:00 Dominos (TV)</p>	<p>10</p> <p>National Peppermint Patty Day</p> <p>9:30 Muscle Toning Exercise (FC)</p> <p>10:00 Crafter's Cove (AC)</p> <p>10:00 Jewelry by Lani (TH)</p> <p>10:30 Hallelujah w/First Baptist Choir (CH)</p> <p>11:00 Strengthen & Balance Exercise (CR)</p> <p>1:30 Star of the Month-Hal Holbrook (TH)</p> <p>2:00 HealthCare Moments (TH)</p> <p>2:45 B*I*N*G*O(TV)</p> <p>4:00 Wine Down w/Stephanie (TH)</p> <p>6:00 Hallelujah Night (CH)</p>	<p>11</p> <p>9:30 Catholic Service (CH)</p> <p>9:45 Coffee & Conversation (TH)</p> <p>10:30 First United Methodist Chur. (CH)</p> <p>11:00 Balance & Toning Exercise (CR)</p> <p>1:00 Bridge Group (PR)</p> <p>1:30 Trivia Challenge (TH)</p> <p>2:30 Farkle Dice Game w/Roxanne (TV)</p> <p>3:00 Walking Tall w/Nicole (TH)</p> <p>4:00 Engage Your Brain (TH)</p> <p>6:00 Music by Sabine River Bend Band (TH)</p>	<p>12</p> <p>World Radio Day</p> <p>9:30 Zumba w/Tricia (FC)</p> <p>10:00 Coffee & Conversation (TH)</p> <p>10:30 Piano Music by Gladys (TH)</p> <p>10:30 Resident Lunch Outing-La Cantina (FL)</p> <p>11:00 Sit & Stretch Exercise (CR)</p> <p>1:00 Bible Lesson w/Claude (TV)</p> <p>2:45 B*I*N*G*O(TV)</p> <p>4:00 Today in History (TH)</p> <p>6:00 Prayer Meeting (TV)</p>	<p>13</p> <p>9:30 Twist & Shout Exercise (FC)</p> <p>10:00 Big Band Sing-along w/Lon (TH)</p> <p>11:00 Sit & Stretch (CR)</p> <p>1:30 Mah Jongg (TV)</p> <p>2:00 Talk of the Town (TH)</p> <p>3:00 Dominoes (TV)</p> <p>4:00 Junk Drawer Detective (TH)</p> <p>6:00 Valentine's Dance Music by Cajun Band (TH)</p>	<p>14</p> <p>National Gumdrop Day</p> <p>9:00 Walmart (FL)</p> <p>9:30 Zumba w/Tricia (FC)</p> <p>10:00 S.H.I.N.E Bible Study w/Chandra Jones (TV)</p> <p>11:00 Resistance Band Exercise (CR)</p> <p>1:00 Resident Led Games (TV)</p> <p>1:30 Musical by Hunter Courts (TH)</p> <p>2:45 B*I*N*G*O(TV)</p> <p>4:00 Mix & Mingle (TH)</p> <p>6:00 Dominoes (TV)</p>	<p>15</p> <p>National Toothache Day</p> <p>9:15 Sat. Morning Exercise (TV)</p> <p>10:00 Coffee, Cappuccino & Conversation (TH)</p> <p>10:30 CapTel Presentation by Hannah (TH)</p> <p>11:00 Morning Stretch (CR)</p> <p>1:00 Mexican Train (TV)</p> <p>2:00 Remember When (TH)</p> <p>3:00 B*I*N*G*O(TV)</p> <p>4:00 You Be the Judge (TH)</p> <p>6:00 Mexican Train (TH)</p>
<p>Nat. Random Act of Kindness Day</p> <p>9:00 NorthEnd Baptist Church-Sunday School (CH)</p> <p>9:30 Sunday Morning Coffee (TH)</p> <p>11:00 Sit & Stretch (CR)</p> <p>1:30 Mah Jongg (TV)</p> <p>2:00 Word in a Word (TH)</p> <p>2:30 Yoga Class (FC)</p> <p>3:00 Mind Joggers (TV)</p> <p>4:00 Sabine Tabernacle Church (CH)</p> <p>6:00 Skip-Bo (TV)</p>	<p>17</p> <p>9:30 Monday Movers Exer (FC)</p> <p>10:00 Crafters Cove (AC)</p> <p>11:00 Resistance Band Exercise (CR)</p> <p>1:00 Resident Led Games (TH)</p> <p>1:30 Who am I? (TH)</p> <p>2:45 B*I*N*G*O(TV)</p> <p>4:00 Time for Wine (TH)</p> <p>6:00 Music by Jerry Miller (TH)</p>	<p>18</p> <p>National Chocolate Mint Day</p> <p>9:30 Catholic Service (CH)</p> <p>9:45 Coffee & Conversation (TH)</p> <p>10:30 Mindful Movement Exer (FC)</p> <p>11:30 Military Meeting (TV)</p> <p>11:00 Muscle Toning Exer (CR)</p> <p>1:00 Bridge Group (PR)</p> <p>2:00 Ice Cream Social (TH)</p> <p>3:00 Farkle Dice Game w/Roxanne (TV)</p> <p>4:00 Mind Joggers (TH)</p> <p>6:00 Prayer Meeting (TV)</p>	<p>19</p> <p>National Love Your Pet Day</p> <p>9:00 Delta Downs Casino Trip (FL)</p> <p>9:30 Zumba w/Tricia (FC)</p> <p>10:00 What am I? (TH)</p> <p>10:30 Piano Music by Gladys (TH)</p> <p>11:00 Chair Exercise (CR)</p> <p>1:00 Bible Lesson w/Claude (TV)</p> <p>2:45 B*I*N*G*O w/Jenna (TV)</p> <p>4:00 You be the Judge (TH)</p> <p>6:00 The Ray Solis Duo (TH)</p>	<p>20</p> <p>9:00 Jewelry by Judy Rexus (TH)</p> <p>9:30 Stand Up Exercise (FC)</p> <p>10:00 Pretty Birds Cranium Crunch (TH)</p> <p>10:30 Coffee & Concern w/Jamie (PR)</p> <p>10:30 ROMEO Men's Outing (FL)</p> <p>11:00 Sit & Stretch Exercise (CR)</p> <p>1:30 Mah Jongg (TV)</p> <p>2:30 Activities & Talks w/Encompass (TH)</p> <p>4:00 Trivia Challenge (TH)</p> <p>6:00 Comedy Hour (TH)</p>	<p>21</p> <p>National Margarita Day</p> <p>9:00 Walmart (FL)</p> <p>9:30 Yoga Exercise w/Celeste (FC)</p> <p>10:00 S.H.I.N.E Bible Study w/Chandra Jones (TV)</p> <p>11:00 Resistance Band Exercise (CR)</p> <p>1:30 Blackjack (TH)</p> <p>2:45 B*I*N*G*O(TV)</p> <p>4:00 Mix & Mingle (TH)</p> <p>6:00 The Brothers Grimm Movie & Popcorn (TV)</p>	<p>22</p> <p>9:15 Sat. Morning Exercise (TV)</p> <p>10:00 Coffee, Cappuccino & Conversation (TH)</p> <p>11:00 Morning Stretch (CR)</p> <p>1:30 Yahtzee (TV)</p> <p>2:00 Scrabble (CR)</p> <p>3:00 B*I*N*G*O(TV)</p> <p>4:00 Happy Hour (TH)</p> <p>6:00 Mardi Gras Party Music by Rod Rishard (TH)</p>
<p>9:00 NorthEnd Baptist Church-Sunday School (CH)</p> <p>9:30 Sunday Morning Coffee (TH)</p> <p>10:15 Today in History (ALL)</p> <p>11:00 Sit & Stretch (CR)</p> <p>1:30 Mah Jongg (TV)</p> <p>2:00 Word in a Word (TH)</p> <p>2:30 Red Hatters B*I*N*G*O (TV)</p> <p>4:00 Remember When (TH)</p> <p>6:00 Game of Choice-Skip-Bo, Dominos, Yahtzee (TV)</p>	<p>24</p> <p>National Chocolate Covered Nut Day</p> <p>9:30 Monday Movers Exercise (FC)</p> <p>10:00 Creative Writing (AC)</p> <p>11:00 Twist & Shout Exercise (CR)</p> <p>1:15 Resident Led Games (TH)</p> <p>1:30 Trivia Challenge (TH)</p> <p>2:45 B*I*N*G*O(TV)</p> <p>4:00 Time for Wine (TH)</p> <p>6:00 Skip-Bo Game (TV)</p>	<p>25</p> <p>9:30 Catholic Service (CH)</p> <p>10:00 Coffee & Conversation (TH)</p> <p>10:30 Today in History (TH)</p> <p>11:00 Sit & Stretch (CR)</p> <p>1:30 Music by Heart & Heart Band (TH)</p> <p>2:30 Farkle Dice Game w/Roxanne (TV)</p> <p>3:00 Blood Pressure Clinic w/Nicole (TH)</p> <p>4:00 Mind Joggers (TH)</p> <p>6:00 Yahtzee Dice Game (TV)</p>	<p>26</p> <p>9:30 Zumba w/Tricia (FC)</p> <p>10:00 Music & Ministry-The Pearson's (CH)</p> <p>10:00 Pretty Nails (AC)</p> <p>11:00 Mindful Movement Exercise (CR)</p> <p>1:00 Bible Lesson w/Claude (TV)</p> <p>2:45 B*I*N*G*O w/Wendy (TV)</p> <p>4:00 Today in History (TH)</p> <p>6:00 Prayer Meeting (TV)</p>	<p>27</p> <p>National Chili Day</p> <p>9:30 Stand Up Exercise (FC)</p> <p>10:00 Wild About Reading Crossword Puzzle (TH)</p> <p>10:30 Double Trouble (TH)</p> <p>11:00 Sit & Stretch Exercise (CR)</p> <p>1:30 Mah Jongg (TV)</p> <p>2:00 Phase 10 Card Game (TH)</p> <p>4:00 Trivia Challenge (TH)</p> <p>6:00 Art from the Heart (AC)</p>	<p>28</p>	<p>29</p>