



THE HIGHLANDS

A GRACE MGMT COMMUNITY

Monday Dinner Menu

January 21st

SOUP

Three Onion

ENTREES

Baked Lasagna

A meat and cheese, red sauce classic; served with garlic bread

Lemon-Pepper Cod*V

*A thick loin cut with lemon-pepper seasoning,
topped with a light cream sauce*

SIDES

Whipped Potato

Rice Pilaf

Wax Bean Amandine

Peas 'n' Pimentos

DESSERTS

Peanut Butter Cake

Blueberry Pie

ICE CREAM, FROZEN YOGURT, AND SHERBET