



# THE HIGHLANDS

A GRACE MGMT COMMUNITY

## Tuesday Dinner Menu

January 15<sup>th</sup>

### SOUP

**Chicken Rice**

### ENTREES

**Grilled Pork Tenderloin\*V**

*Marinated in brine, served with a Dijon cream sauce*

**Duck l'orange\*V**

*Pan-seared breast, sliced and fanned, topped with an orange sauce*

### SIDES

**Whipped Potato**

**Carrots**

**Wild Rice**

**Rainbow Chard**

### DESSERTS

**Gingerbread w/ Whipped Cream**

**Apple Turnover**

ICE CREAM, FROZEN YOGURT, AND SHERBET  
PLEASE ASK YOUR SERVER FOR A FLAVOR SELECTION

**\*Gluten Free Option V. Vegetarian Option**