



THE HIGHLANDS
A GRACE MGMT COMMUNITY

Monday Dinner Menu

January 14th

SOUP

Split Pea

ENTREES

Chicken Madras*

Boneless breast baked in a mild curry sauce

Tuna Melt*V****

*Open-faced on an english muffin with tomato
and melted dill Havarti cheese*

SIDES

Broccoli

Vegetable Medley

Spanish Rice

Whipped Potato

DESSERTS

Oatmeal Raisin Cookie

Lemon Meringue Pie

ICE CREAM, FROZEN YOGURT, AND SHERBET
PLEASE ASK YOUR SERVER FOR A FLAVOR SELECTION

***Gluten Free Option** **V. Vegetarian Option**