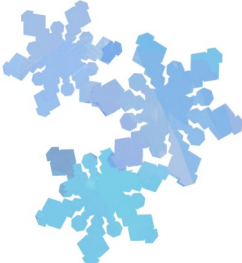


Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>JANUARY</h1>		1 New Year's Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 New Year's Day Puzzles	2 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Masanobu Ikemiya	3 10:00 Maizy Visit 2:00 Baking Muffins	4 Trivia Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Indoor Walks	5 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Music & Watercolors
		6 2:00 Lorna Grenfell, Church of Universal Fellowship	7 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Sentimental Reflections 3:00 Baking with Helen	8 Show & Tell Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Show & Tell 6:00 Bible Study	9 10:30 Exercise 10:55 Hydration 11:00 Kickball 12:00 Julie Monroe 2:00 Good News Stories	10 10:00 Art with Janice 2:00 Music Therapy
13 2:00 *Hymns	14 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Rick Steve's Israel 3:00 Tea Party	15 International Kite Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Kite Decorating	16 Fig Newton Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 12:00 Dave Mussey 2:00 Fig Newtons, Trivia & Coffee	17 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Baking Birthday Cake	18 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Birthday Party	19 Popcorn Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Popcorn & A Movie, <i>Swing Time</i>
20 Cheese Lovers Day 2:00 Inter Church Ministries Service	21 10:30 Exercise 10:55 Hydration 11:00 Kickball 12:00 Clayton Rogers 3:00 Crafts with Helen	22 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Google Earth 6:00 Bible Study	23 National Pie Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Baking Mini Pies	24 10:30 Exercise 10:55 Hydration 11:00 Kickball 12:00 Judy Faust 2:00 Music Therapy	25 National Geographic Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 * National Geographic Online	26 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Color Your Own Bookmark
27 2:00 Inter Church Ministries Service	28 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Zella Harmon	29 National Puzzle Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Group Crossword Puzzles	30 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Bill Trowell	31 Inspire Your Heart with Art Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Google Art Project		Meadowbrook 2019 Dirigo Pines (207)866-3400