



THE HIGHLANDS

A GRACE MGMT COMMUNITY

All Day Dining



December 9 – December 29

Grill Cheese and Apple Sandwich*V

On grain bread, smoked gouda cheese and granny smith apple.

Served with 3 bean salad

Add turkey for a heartier sandwich

Broccoli, Leek and Cheddar Cheese QuicheV

Served with fresh fruit

Add bacon or veggie sausage for some grease

Spinach Salad*V

Red onion, dried cranberries, toasted almonds,
cherry tomatoes and goat cheese

Add grilled chicken for more protein

Served with balsamic vinaigrette

Pick a ParmigianaV

Breaded veal or eggplant, Served with broccoli
and a demi salad

*Gluten Free V Vegetarian