

Sun**Mon****Tue****Wed****Thu****Fri****Sat**

NOVEMBER

1 10:00 Maizy Visit 2:00 *Chair Yoga 4:15 Crockpot Cocoa & 20s Music	2 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Bob Hope Radio & Coffee 4:15 One on Ones	3 Cliché Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:30 Masanobu Ikemiya 4:15 Complete the Cliché
4 Daylight Savings Time Ends 2:00 Lorna Grenfell, Church of Universal Fellowship	5 Memorabilia Monday 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Memorabilia Show & Tell 4:15 *Create a Story	6 Saxophone Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Parachute Game 4:15 Crockpot Cider & Jazz Music 6:30 Bible Study & Hymn Sing
7 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Veteran's Day Wreath Craft 4:15 Jigsaw Puzzles 4:45 Fresh Bread	8 10:00 Art with Janice 12:00 Judy Faust 2:00 Baking Pumpkin Carmel Cream Cheese Cake 4:15 One on Ones	9 Mum's the Word Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 November Birthday Party 4:15 *All About Chrysanthemums
10 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Fall Trivia 4:15 Veteran's Day Art Pages & Patriotic Music	11 Veterans Day 2:00 *Hymns	12 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Clayton Rogers 4:15 One on Ones
13 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Rick Steve's Travel, Belgium 4:15 Crockpot Chai Latte & 50s Music 6:00 Bible Study & Hymn Sing	14 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Dirigo Library 4:15 One on Ones 4:45 Fresh Bread	15 America Recycles Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Making Recycled T-Shirt Bags 4:15 *Google Earth
16 Teddy Bear Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 12:00 Dave Mussey 2:00 *All About Teddy Bears 4:15 One on Ones	17 Homemade Bread Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Baking Pumpkin Bread 4:15 *Thanksgiving Trivia	18 2:00 Inter Church Ministries Service
19 Apple Cider Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Parachute Game 4:15 Crockpot Cider & Classical Music	20 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Mineral Mosaics 4:15 One on Ones	21 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Thanksgiving Poetry, History & Humor 4:15 Bean Bag Toss 4:45 Fresh Bread
22 Thanksgiving Day 	23 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Indoor Walks 4:15 *Google Earth	24 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Making Holiday Ornaments 4:15 One on Ones
25 2:00 Inter Church Ministries Service	26 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Card Games 4:15 Resident Council	27 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 *Google Earth 4:15 Crockpot Wassail & Holiday Music
28 World Puzzle Wednesday 10:30 Exercise 10:55 Hydration 11:00 Kickball 12:30 Julie Monroe 2:00 Make a Mini Pie 4:15 Puzzles 4:45 Fresh Bread	29 Little Women Day 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Popcorn & A Movie, <i>Little Women</i> 4:15 *Of the Day	30 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Holiday Decorating 4:15 One on Ones

**Arbor
2018**

Dirigo Pines
(207) 866-3400