




Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Arbor 2018 Dirigo Pines (207)866-3400</p>						<p>1</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:30 Masanobu Ikemiya 4:15 One on Ones</p>
<p>2 <b>Hanukkah Begins</b></p> <p>2:00 Lorna Grenfell, Church of Universal Fellow- ship</p> <p>3:50 *Hanukkah Candle Lighting &amp; Blessing</p>	<p>3</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Holiday Art Pages 4:15 One on Ones</p>	<p>4 <b>National Cookie Day</b></p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 1:30 Baking &amp; Decorating Holiday Cookies 4:15 *Hanukkah Slideshow &amp; Traditions 6:30 Bible Study</p>	<p>5</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Holiday Art &amp; Music 4:15 One on Ones 4:45 Fresh Bread</p>	<p>6</p> <p>10:00 Maizy Visit 2:00 *Chair Dancing 4:15 Crockpot Cider &amp; Classical Music</p>	<p>7</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Balloon Volleyball 4:15 One on Ones</p>	<p>8 <b>Gingerbread Decorating Day</b></p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Making Gingerbread Houses 4:15 *Aussie Animals</p>
<p>9</p> <p>2:00 *Hymns</p>	<p>10</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Clayton Rogers 4:15 Crockpot Eggnog Latte &amp; Holiday Reminis- cing</p>	<p>11</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Brian McLellan 4:15 One on Ones</p>	<p>12</p> <p>9:00 YMCA Carolers 10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Duane Nickerson 4:15 Jigsaw Puzzles 4:45 Fresh Bread</p>	<p>13 <b>National Cocoa Day</b></p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 12:00 Judy Faust 2:00 Baking Hot Cocoa Cake 4:15 One on Ones</p>	<p>14</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 December Birthday Party 4:15 *Of the Day</p>	<p>15</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 North Country Strings 4:15 One on Ones</p>
<p>16</p> <p>2:00 Inter Church Minis- tries Service</p>	<p>17 <b>A Christmas Carol Day</b></p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Popcorn &amp; A Movie, <i>A Christmas Carol</i> 4:15 One on Ones</p>	<p>18</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 What's in the Stock- ing? 4:15 *Christmas Movie Memories 6:30 Bible Study</p>	<p>19 <b>Games Day</b></p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 12:30 Julie Monroe 2:00 Snowman Slam Game 4:15 One on Ones 4:45 Fresh Bread</p>	<p>20</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Snowfall Painting 4:15 Crockpot Cocoa &amp; Holiday Music</p>	<p>21 <b>Winter Begins</b></p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 12:00 Dave Mussey 2:00 *Karaoke 4:15 One on Ones</p>	<p>22</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Holiday Paint by Numbers &amp; Music 4:15 Crockpot Peppermint Cocoa</p>
<p>23</p> <p>2:00 Inter Church Minis- tries Service</p>	<p>24 <b>Egg Nog Day</b></p> <p>10:30 Exercise 11:00 Kickball 2:00 Bingo 4:15 Egg Nog Shakes</p>	<p>25 <b>Christmas</b></p> 	<p>26</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Indoor Walks 4:15 *Figure Skating Videos 4:45 Fresh Bread</p>	<p>27</p> <p>10:00 Art with Janice 2:00 *New Year's History &amp; Trivia 4:15 One on Ones</p>	<p>28</p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Quilt Craft 4:15 *Name that Sound</p>	<p>29 <b>National Chocolate Day</b></p> <p>10:30 Exercise 10:55 Hydration 11:00 Kickball 2:00 Chocolate Taste Testing 4:15 One on Ones</p>
<p>30</p> <p>2:00 Inter Church Minis- tries Service</p>	<p>31 <b>New Year's Eve</b></p> <p>10:30 Exercise 11:00 Kickball 2:00 New Year's Eve Party 4:15 *New Year's Trivia</p>					