Dirigo Pines

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Inn the Pines

ISSUE 141 **DECEMBER 2018**

Welcome to our Activity Guide!

Inside this Issue

Events
Speakers
Music
Movies
Health
Clubs & Groups
Religious
Calendar
Photos

This month offers

- *Musical entertainment*
- *Guest speakers*
- *Outings*
- *Movies*
- *Special Events*

See the calendar insert for complete details!

Happy Holidays!

The busy holiday season is upon us. Here are a few of the special events going on this month. Please join us to continue with our past holiday traditions and as we start new ones.

I wish you all joy and peace as we enter the new year. Take time to find those special moments and celebrate the memories of those we miss.

-Tracy

December

Special Events & Guest Speakers

Play Reading with True North Theatre
Join in for a fun play reading!
Monday, December 3rd and 17th at 2:00 pm (PMR)

Author Tim Caverly
Christmas in Cornville
Tuesday, December 4th at 7:15 pm (PMR)

Hanukkah Celebration
All are welcome to gather to light the Menorah and say the blessing.
Thursday, December 5th at 5:30 pm (Lobby)

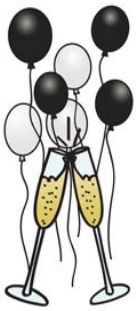
Holiday Open House and Tree Lighting
Join us for our annual open house party and tree lighting. Enjoy appetizers, wine and music by Fireside Strings.
Thursday, December 6th at 4:00 pm (Lobby)

Ten Bucks Theatre Company
A Christmas Carol
Tuesday, December 11th at 7:00 pm (KGP)

Paint & Sip with Valerie Wallace
Join Valerie for a fun painting class. Wine and cheese will be served.
Thursday, December 20th at 6:30 pm (KGP)

Ladies Tea
Join us for tea and a light snack
Friday, December 28th at 1:30 pm (GR)

New Year's Eve Party
Ring in the New Year with music by Anything Goes, refreshments and champagne!
Monday, December 31st at 7:00 pm (KGP)



December

Musical Events

Masanobu Ikemiya—Ragtime & Classical Piano
Saturday, December 1st—2:30 pm (KGP)

Fireside Strings
Thursday, December 6th—4:00 pm (Lobby)

New Renaissance Singers
Friday, December 7th—7:15 pm (KGP)

Fran and Dave
Saturday, December 8th—2:00 pm (KGP)

Clayton Rogers—Piano
Monday, December 10th—2:00 pm (Arbor)

Brian McLellan—Guitar
Tuesday, December 11th—2:00 pm (Arbor)

YMCA Preschool Carolers
Wednesday, December 12th—9:00 am (KGP)

Duane Nickerson—Country Guitar
Wednesday, December 12th—2:00 pm (Arbor)

Judy Faust—Harp
Thursday, December 13th —Noon (Arbor)

Church of Universal Fellowship Handbell Choir
Thursday, December 13th—7:15 pm (KGP)

North Country Strings with Isleen Halverson
Celtic Christmas music with the harp, violin and cello.
Saturday, December 15th—2:00 pm (KGP)

Little Big Band
Tuesday, December 18th—7:15 pm (KGP)

Dave Mussey—Folk Instruments
Wednesday, December 19th—Noon (Meadowbrook)
Friday, December 21st—Noon (Arbor)

Julie Monroe—Guitar
Wednesday, December 19th—Noon (Arbor)

December

"People's Choice" Movies

submit movie suggestions to Tracy

The African Queen
1951—NR—105 minutes—Subtitles
Saturday, December 1st 7:15 pm (KGP)

Charlie Allnut, the booze-guzzling, rough-hewn captain of a broken-down East African riverboat, teams with a straitlaced, iron-willed missionary to take on a menacing German gunboat during World War I.

Breathe
2017—PG13—117 minutes—Subtitles
Wednesday, December 5th 7:15 pm (KGP)

This spirit-lifting biodrama tells the story of Robin Cavendish, whose charmed and colorful life suddenly darkens when he's paralyzed by polio. Rather than become imprisoned by his disability, however, Robin and his wife decide to tour the world. Starring Andrew Garfield, Claire Foy and Tom Hollander.

The Pirate
1948—NR—101 minutes—Subtitles
Saturday, December 8th 7:15 pm (KGP)

Gene Kelly sings, dances and swashbuckles his way into Judy Garland's heart in this musical directed by Vincente Minnelli. Set on a Caribbean island in the 19th century, the film features a traveling troubadour -- masquerading as pirate to woo the sheltered Garland. Highlights include the famous "Be a Clown" number and performances by the acrobatic dance team.

Lion
2016—PG13—118 minutes—Subtitles
Wednesday, December 12th 7:15 pm (KGP)

In this true story, 5-year-old Saroo is adopted by an Australian couple after losing his way in the urban jungle of Kolkata. More than two decades later, new mapping technology prompts Saroo to search for his lost family in India. Starring Dev Patel & Rooney Mara.

Rio Bravo
1959—NR—141 minutes—Subtitles
Saturday, December 15th 7:15 pm (KGP)

Sheriff John Wayne has a problem: He must keep killer Claude Akins from escaping the town lockup. The only people Wayne can call on for support are an alcoholic Dean Martin, a well-meaning Angie Dickinson, a crippled Walter Brennan and an eager Ricky Nelson.

Holiday Inn
1942—NR—101 minutes—Subtitles
Wednesday, December 19th 7:15 pm (KGP)

Bing Crosby croons to the tune of "White Christmas" in Irving Berlin's romantic comedy. Tired of the of showbiz, Jim Hardy retires to the countryside to become a farmer. He converts the farm into the Holiday Inn, then competes against his pal for a singer-dancer's affection.

It's A Wonderful Life
1946—NR—132 minutes—Subtitles
Saturday, December 22nd 7:15 pm (KGP)

Frank Capra's take on A Christmas Carol stars Jimmy Stewart as George, a good man who's spent a lifetime giving up on his dreams in order to keep life in his small town humming. When a guardian angel finds George poised to jump off a bridge, he shows him what life would've been like had he never been born.

Overboard
1987—PG—113 minutes—Subtitles
Wednesday, December 26th 7:15 pm (KGP)

Heiress Joanna Stayton hires carpenter Dean Proffitt to build a closet on her yacht -- and refuses to pay him for the project when it's done. But after Joanna accidentally falls overboard and loses her memory, Dean sees an opportunity to get even. Starring Goldie Hawn & Kurt Russell.

Ocean's Eleven
1960—NR—127 minutes—Subtitles
Saturday, December 29th 7:15 pm (KGP)

Frank Sinatra leads an all-star cast as Danny Ocean, who decides to knock over a few casinos on the Las Vegas Strip with his buddies in one of the merriest heist movies ever. This comic caper was filmed on location in Vegas during the daylight-hour downtime between the real-life group's ongoing gig at the Sands Hotel.

December

Health, Wellness & More!

Bereavement Group
First Wednesday every month.
Wednesday, December 5th at 1:00 pm (PMR)

Blood Pressure Clinic
Thursday, November 1st from 10:00 to 10:30 (Meadowbrook)

VIOLA—Alterations
Tuesday, December 18th at 10:00 am (PMR)

Alzheimer's Caregiver Support Group
Join Judy Tredwell for this caregiver support group. Wednesday, December 12th at 4:00 pm (Conference Room)

Art Class with Janice
Join Janice for a fun step-by-step art class. All supplies provided! Thursday, December 27th at 10:00 am (Arbor)

Organizer Day with Sandy Imondi
Tuesday, December 4th & 18th all day (Social Room)

Exercise Classes
Every Monday, Wednesday & Friday at 9:30 & 10:00 am. (PMR)

Sittercise
Every Monday, Wednesday & Friday at 10:00 (KGP) Please note: There will be no Sittercise on the 12th.

Downton Abbey Series
Downton Abbey episodes will play in the KGP at 7:00 pm every Sunday.

Social Hour
Every Wednesday at 4:30 pm (Lobby)

Sunday Movie Matinees
Saturday movies will be available to watch on Sunday afternoons at 2:30 pm (KGP)

Tuesday Movie Matinees
Wednesday evening movies will be available to watch on Tuesdays at 2:30 pm (KGP)

Maizy Visit
Thursday, December 6th at 10:00 am (Arbor)

Hearing Aid Checks
Wednesday, December 5th at 1:00 pm (VDO)

Sun	Mon	Tue	W
Penobscot & Cottages 2018	DECEM		
2 **Hanukkah Begins** 9:00 & 10:30 Van Departs for Church 10:00 Catholic Comm. 1:30 Rummikub 2:00 Lorna Grenfell 2:30 Movie Matinee, *The African Queen* 7:00 *Downton Abbey, Season 3, Episode 9*	3 9-3 Shopping 9:30 Exercise 10:00 Exercise 10:00 Sittercise 10:30 Gateway Seniors Exercise Video 1:30 Crafting Group 2:00 True North Theatre 3:00 Pool League	4 **Organizer Day** 1:30 Scrabble 2:00 Mah Jong 2:30 Movie Matinee, *Breathe* 7:15 Tim Caverly	5 9:30 Exercise 10:00 Exercise 10:00 Sittercise 10:30 Gateway 1:00 Bereavem 1:00 Hearing A 2:00 Bridge 4:30 Social Hou 5:30 Menorah L 7:15 Midweek M
9 9:00 & 10:30 Van Departs for Church 10:00 Catholic Comm. 1:30 Rummikub 2:30 Movie Matinee, *The Pirate* 7:00 *Downton Abbey, Season 4, Episode 1*	10 9-3 Shopping 9:30 Exercise 10:00 Exercise 10:00 Sittercise 10:30 Gateway Seniors Exercise Video 1:30 Crafting Group 2:00 Clayton Rogers 3:00 Pool League 7:15 Gateway Movie	11 1:30 Scrabble 2:00 Mah Jong 2:00 Brian McLellan 2:30 Movie Matinee, *Lion* 7:00 Ten Bucks Theatre Company, *A Christmas Carol*	12 9:00 YMCA 9:30/10:00 Exe 10:30 Gateway 1:00 Linda's Bo 2:00 Bridge 2:00 Gateway 2:00 Duane Nic 4:00 Alz. Suppo 4:30 Social Hou 7:15 Midweek M
16 9:00 & 10:30 Van Departs for Church 10:00 Catholic Comm. 1:30 Rummikub 2:00 Inter Church Ministries Service 2:30 Movie Matinee, *Rio Bravo* 7:00 *Downton Abbey, Season 4, Episode 2*	17 9-3 Shopping 9:30 Exercise 10:00 Exercise 10:00 Sittercise 10:30 Gateway Seniors Exercise Video 1:30 Crafting Group 2:00 True North Theatre 3:00 Pool League 7:15 Gateway Movie	18 **Organizer Day** 10:00 Viola, Alterations 1:00 Go Green Committee 1:30 Scrabble 2:00 Mah Jong 2:30 Movie Matinee, *Love Actually* 6:30 Bible Study 7:15 Little Big Band	19 9:30 Exercise 10:00 Exercise 10:00 Sittercise 10:30 Gateway 1:00 Resident M 2:00 Bridge 4:30 Social Hou 7:15 Midweek M *Inn*
23/30 9:00 & 10:30 Van Departs for Church 10:00 Catholic Comm. 1:30 Rummikub 2:00 Inter Church Ministries Service 2:30 Movie Matinee 7:00 *Downton Abbey*	24/31 9-3 Shopping 9:30 Exercise 10:00 Exercise 10:00 Sittercise 10:30 Gateway Seniors Exercise Video 1:30 Crafting Group 3:00 Pool League 7:00 New Year's Party (31)	25 **Christmas** 	26 9:30 Exercise 10:00 Exercise 10:00 Sittercise 10:30 Gateway 2:00 Bridge 4:30 Social Hou 7:15 Midweek M

Wed	Thu	Fri	Sat
BER			1 2:00 Card Games 2:30 Masanobu Ikemiya 7:15 Saturday Night Movie, *The African Queen*
e e Exercise ent Group id Checks ur Lighting Movie *Breathe*	6 10:00 Maizy Visits 10:00 Blood Pressure Clinic 2:00 Cribbage 4:00 Holiday Open House & Tree Lighting with Fireside Strings	7 8:30 Out to Breakfast Bunch, Bantam Cafe 9:30 Exercise 10:00 Exercise 10:00 Sittercise 2:00 Mah Jong 7:15 New Renaissance Singers	8 2:00 Card Games 2:00 Fran and Dave 7:15 Saturday Night Movie, *The Pirate*
Carolers ercise Exercise ook Club Operetta ckerson ort Group ur Movie, *Lion*	13 2:00 Cribbage 3:00 Library Committee Meeting 7:15 Church of Universal Fellowship Handbell Choir	14 9:30 Exercise 10:00 Exercise 10:00 Sittercise 2:00 Mah Jong	15 2:00 Card Games 2:00 North Country Strings with Isleen Halverson 7:15 Saturday Night Movie, *Rio Bravo*
   e Exercise Meeting ur Movie, *Holiday*	20 2:00 Cribbage 2:00 Bingo	21 **Winter Begins** 9:30 Exercise 10:00 Exercise 10:00 Sittercise 11:15 Out to Lunch Bunch, Las Palapas 2:00 Mah Jong 6:30 Emera Astronomy Center Outing	22 2:00 Card Games 7:15 Saturday Night Movie, *It's A Wonderful Life*
   e Exercise ur Movie, *Overboard*	27 10:00 Art with Janice 2:00 Cribbage	28 9:30 Exercise 10:00 Exercise 10:00 Sittercise 1:30 Ladies Tea 2:00 Mah Jong	29 2:00 Card Games 7:15 Saturday Night Movie, *Ocean's Eleven*

December

Clubs & Games
All are welcome– please join!

Rummikub
Every Sunday at 1:30 pm (SR)

Pool League
Mondays at 3:00 pm at the pool table.

Scrabble Group
Every Tuesday at 1:30 pm (GR)

Mah Jong Club
Tuesdays & Fridays at 2:00 pm (SR)

Bridge Club
Every Wednesday at 2:00 pm (SR)

Cribbage Club
Thursdays at 2:00 pm (SR)

Card Games
Every Saturday at 2:00 pm (SR)

Crafting Group
An opportunity to get out and socialize. Bring a project to work on or use some of the available supplies.
Mondays at 1:30 pm (GR)

Library Committee Meeting
New members are encouraged to join!
Thursday, December 13th at 3:00 pm (Library)

Penobscot Resident Meeting
Wednesday, December 19th at 1:00 pm (PMR)

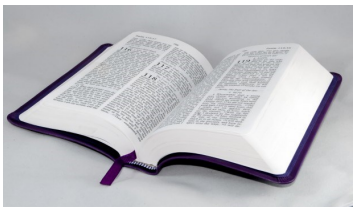
Bingo
Every winner gets a prize!
Thursday the 20th at 2:00 pm (KGP)

Linda's Book Club
Sweetland by Michael Crummey
Wednesday, December 12th.
Sign up at the front desk to reserve a copy of next month's book.
(Social Room)

Go Green Committee
Tuesday, December 18th at 1:00 pm (PMR)

December

Religious Services



First Sunday Service
Lorna Grenfell,
Church of Universal Fellowship
December 2nd at 2:00 pm (Arbor)

Third Sunday Service
Inter Church Ministries
December 16th at 2:00 pm (Arbor)

Fourth Sunday Service
Inter Church Ministries
December 23rd at 2:00 pm (Arbor)

Fifth Sunday Service
Inter Church Ministries
December 30th at 2:00 pm (Arbor)

Bible Study and Hymn Sing
With Pastor Dave Natale. Tuesday, December 4th and 18th at 6:00 pm (Arbor)

Catholic Communion
Every Sunday at 10:00 am (SR)

Sunday Church Transportation
Van departs for church services at 9:00 & 10:30 am from the front lobby.

GUESS WHO!

Each month a photo will be shared. Please submit a photo to Tracy to keep this going!

Check next month's newsletter to find out who is featured this month. Last month was Bob and Helen Haddad.

December

Outings & Transportation

****Please sign up at the desk for all outings****

Out to Breakfast Bunch

Bantam Café

Offering sweet and savory crepes, fresh pastries made daily and their "Nest Egg" breakfast salad.

Sign up at the front desk.

Friday, December 7th

Bus leaves at 8:30 am

Out to Lunch Bunch

Las Palapas

Las Palapas offers Mexican cuisine including burritos, fajitas, quesadillas and more.

Sign up at the front desk.

Friday, December 21st

Bus leaves at 11:15 am

Festival Of Lights Parade

The Dirigo Pines van will be in the Bangor Festival of Lights Parade. Please sign up at the desk if you would like to ride the van in the parade.

Saturday, December 1st

Bus leaves at3:45pm

Emera Astronomy Center Outing

Mystery of the Christmas Star

Journey back 2000 years to Bethlehem as we seek to discover a scientific explanation for the Star the wise men followed to find the baby Jesus. Investigate possible dates for the birth of Christ and look at recorded sightings of significant historical and astronomical events during this timeframe. We'll explore scientific explanations for celestial objects that could have been remarkable enough to cause the wise men to travel across the desert from Babylon to Bethlehem just to see a newborn King. Regardless of what the star was, the message of Peace on Earth and goodwill to all still rings true today!

Cost is $5

Sign up at the front desk

Friday, December 21st

Bus leaves at 6:30 pm

Emera Astronomy Center
and M. F. Jordan Planetarium

December

Gateway Seniors without Walls Events

Gateway Seniors Exercise Video
Classical Stretch with Miranda Esmonde-White on DVD
Mondays and Wednesdays at 10:30 am (PMR)

Gateway Seniors Film
NOVA: The Four-Winged Dinosaur
Monday, December 10th—7:15 pm (KGP)

GATEWAY SENIORS *without walls*

Gateway Seniors Film
Nature: The Dolphin Defender
Monday, December 17th—7:15 pm (KGP)

Gateway Seniors Operetta
Die Fledermaus
Wednesday, December 12th at 2:00 pm (KGP)

GR	-	Garden Room
PMR	-	Penobscot Media Room
KGP	-	Kenduskeag Gathering Place
L	-	Library
KLR	-	Kenduskeag Living Room
KK	-	Kenduskeag Kitchen
SR	-	Social Room
A	-	Arbor
M	-	Meadowbrook
VDO	-	Visiting Doctor's Office
PDR	-	Private Dining Room

Looking Ahead to January...

Bob Duchesne
Mary Freeman
Simon Bilyk
New Resident Social
Paint & Sip

DECEMBER PHOTO GALLERY

Halloween Costume Contest, Paint and Sip and a late blooming rose.

Let's Get Greener

Reduce waste and save money

Agree with family to stop gift giving. How many gifts are unwanted and never used?