

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2018

				<p>9:30 Mindful Movement (FC) 10:30 IQ Test (TH) 10:30 Coffee & Concerns w/Jamie (PR) 11:15 Sit & Stretch (CR) 1:30 Mahjongg w/Sandra (TV) 2:30 Resident Birthday Party (TH) 4:00 Mind Joggers (TH) 6:00 Skip-Bo Card Game (TV)</p>	<p>1 9:00 Walmart (FL) 9:30 Zumba w/Tricia (FC) 10:00 S.H.I.N.E Bible Study w/ Chandra Jones (TV) 10:30 Maple Crest Baptist Hymn Singing 11:15 Chair Exercise 1:30 Resident Led Games 2:00 Walking for Charity 2:45 B*I*N*G*O(TV) 4:00 Wine Down (TH) 6:00 Skip-Bo Card Game (TV)</p>	<p>2 9:15 Sat. Morning Exercise (TV) 9:45 Today in History (ALL) 10:00 Coffee, Cappuccino & Conversation (TH) 10:00 New Resident Orientation (TH) 11:15 Morning Stretch (CR) 1:00 Wii Sport Bowling (TV) 2:00 Resident LED Games 3:00 B*I*N*G*O(TV) 4:00 Happy Hour (TH) 6:00 Dominoes TH)</p>
<p>4 9:00 NorthEnd Baptist Church-Sunday School (CH) 9:30 Sunday Morning Coffee (TH) 10:15 Today in History (ALL) 11:15 Sit & Stretch (CR) 1:45 Bible Search (TH) 2:00 Word in a Word (TH) 2:30 Yoga Sunday (FC) 3:00 Storytelling Hour (TV) 4:00 Mind Joggers (TH) 6:00 Scrabble Game (TH)</p>	<p>5 9:30 Monday Mover Exercise (FC) 10:00 Crafter's Cove (AC) 11:15 Chair Exercise (CR) 1:30 What's my Job? (TH) 2:45 B*I*N*G*O(TV) 4:00 Time for Wine (TH) 6:00 Skip-Bo Card Game (TV)</p>	<p>6 9:30 Catholic Service (CH) 9:45 Coffee & Conversation (TH) 10:30 Coffee & Concern w/Jamie (PR) 11:00 Ambassador Appreciation Outing (FL) 11:15 Sit & Stretch (CR) 1:30 Food for Thought (CH) 2:00 Activity Event Planning Meeting (CH) 3:00 Farkle w/Roxanne (TV) 4:00 Mind Joggers (TH) 6:00 Pokemo w/Roxanne (TH)</p>	<p>7 9:30 Zumba w/Tricia (FC) 10:00 Make'em Smile (TH) 10:30 Piano Music by Gladys (TH) 11:00 Prayer Group (CH) 11:15 Resistance Band Exercise (CR) 1:00 Bible Lesson w/Claude (TV) 2:45 B*I*N*G*O(TV) 4:00 All Resident Council Meeting 6:00 Music by Clint Faulk (TH)</p>	<p>8 9:30 Twist & Shout Exercise (FC) 10:00 Big Band Sing-along w/Lon (TH) 11:15 Sit & Stretch (CR) 1:30 Mahjongg w/Sandra (TV) 2:30 Star of the Month-Charles Bronson (TH) 3:00 Greeting Card Class () 4:00 Junk Drawer Detective (TH) 6:00 Music by Cajun Band (TH)</p>	<p>9 9:00 Walmart (FL) 9:30 Yoga Exercise w/Celeste (FC) 10:00 S.H.I.N.E Bible Study w/ Chandra Jones (TV) 11:15 Chair Exercise 1:30 Resident Led Games 2:00 Walking for Charity 2:45 B*I*N*G*O(TV) 4:00 Wine Down (TH) 6:00 Texas Hold'em Poker (TH)</p>	<p>10 9:15 Sat. Morning Exercise (TV) 9:45 Today in History (ALL) 10:00 Coffee, Cappuccino & Conversation (TH) 11:15 Morning Stretch (CR) 1:30 Wii Bowling (TV) 2:00 Remember When (TH) 3:00 B*I*N*G*O(TV) 4:00 Mind Joggers (TH) 6:00 Scrabble Game (TH)</p>
Daylight Saving Time Ends						
<p>11 9:00 NorthEnd Baptist Church-Sunday School (CH) 9:30 Sunday Morning Coffee (TH) 10:15 Today in History (ALL) 11:15 Sit & Stretch (CR) 2:30 Yoga Sunday (FC) 3:00 Veterans Day Discussion (TH) 4:00 Mind Joggers (TH) 6:00 Scrabble Game (TH)</p>	<p>12 9:30 Muscle Toning Exercise (FC) 10:00 Crafter's Cove (AC) 10:30 Hallelujah w/First Baptist Choir (CH) 11:15 Strengthen & Balance Exercise (CR) 1:30 Discussion & Trivia (TH) 2:00 Encompass B/P Checks (TH) 2:45 B*I*N*G*O(TV) 4:00 Time for Wine (TH) 6:00 Hallelujah Night (CH)</p>	<p>13 9:30 Catholic Service (CH) 9:45 Coffee & Conversation (TH) 10:30 First United Methodist Chur. (CH) 11:15 Balance & Toning Exercise (CR) 1:00 Bridge Group (PR) 1:30 Star of the Month-Halle Barry (TH) 2:00 AL Scrabble Game (CR) 2:30 Farkle Dice Game w/Roxanne (TH) 4:00 Engage Your Brain (TH) 6:00 Sabine River Bend Band (TH)</p>	<p>14 9:30 Zumba w/Tricia (FC) 10:00 Coffee & Conversation (TH) 10:30 Piano Music by Gladys (TH) 10:30 Resident Lunch Outing- (FL) 11:15 Sit & Stretch Exercise (CR) 1:00 Bible Lesson w/Claude (TV) 2:45 B*I*N*G*O(TV) 4:00 Trivia Challenge (TH) 6:00 Prayer Meeting w/Roxanne (TV)</p>	<p>15 9:30 Stand Up Exercise (FC) 10:00 Cranium Crunches- Riddle Jumble (TH) 10:30 Pretty Nails (AC) 11:15 Sit & Stretch Exercise (CR) 1:30 Mahjongg w/Sandra (TV) 2:00 ROMEO Men's Group Meeting (TH) 4:00 You be the Judge (TH) 6:00 Tech Class w/Roxanne (TH)</p>	<p>16 9:00 Walmart (FL) 9:30 Yoga Exercise w/Celeste (FC) 10:00 S.H.I.N.E Bible Study w/ Chandra Jones (TV) 11:15 Resistance Band Exercise (CR) 1:00 Resident Led Games (TV) 1:30 Musical by Hunter Courts (TH) 2:45 B*I*N*G*O(TV) 4:00 Mix & Mingle (TH) 6:00 Movie & Popcorn (TH)</p>	<p>17 9:15 Sat. Morning Exercise (TV) 9:45 Today in History (ALL) 10:00 Coffee, Cappuccino & Conversation (TH) 11:15 Morning Stretch (CR) 1:30 Wii Bowling (TV) 2:00 Scrabble (TH) 3:00 B*I*N*G*O(TV) 4:00 Happy Hour (TH) 6:00 Dominoes (TH)</p>
Veterans Day (US) Remembrance Day (Canada)						
<p>18 9:00 NorthEnd Baptist Church-Sunday School (CH) 9:30 Sunday Morning Coffee (TH) 11:15 Sit & Stretch (CR) 1:30 Word in a Word (TH) 2:00 Word in a Word (TH) 2:30 Yoga Class (FC) 3:00 Mind Joggers (TV) 4:00 Sabine Tabernacle Church (CH) 6:00 Skip-Bo (TV)</p>	<p>19 9:30 Monday Movers Exer (FC) 10:00 Crafters Cove (AC) 10:30 Cranium Crunches (TH) 10:30 Red Hatter Luncheon (FL) 11:15 Resistance Band Exercise (CR) 1:00 Resident Led Games (TH) 1:30 Who am I? (TH) 2:45 B*I*N*G*O(TV) 4:00 Time for Wine (TH) 6:00 Music by Jerry Miller (TH)</p>	<p>20 9:30 Catholic Service (CH) 9:45 Coffee & Conversation (TH) 10:30 Mindful Movement Exer (FC) 11:30 Military Meeting 11:15 Resistance Band Exer (CR) 11:30 Menu of the Month (DR) 1:00 Bridge Group (PR) 2:00 Ice Cream Social (TH) 3:00 Farkle Dice Game (TH) 4:00 Mid Joggers (TH) 4:30 Friendsgiving (TV)</p>	<p>21 9:00 Delta Downs Casino Trip (FL) 9:30 Zumba w/Tricia (FC) 10:00 Who was Art Buchwald? 10:30 Piano Music by Gladys (TH) 1:00 Bible Lesson w/Claude (TV) 2:45 B*I*N*G*O(TV) 4:00 You be the Judge (TH) 6:00 The Ray Solis Duo (TH)</p>	<p>22 9:30 Mindful Movement (FC) 10:00 Today in History (TH) 10:30 Yahtzee (TH) 11:15 Sit & Stretch (CR) 1:30 Mahjongg w/Sandra (TV) 2:30 Movie & Popcorn (TV) 4:00 Mind Joggers (TH) 6:00 Skip-Bo Card Game (TV)</p>	<p>23 9:00 Walmart (FL) 9:30 Yoga Exercise w/Celeste (FC) 10:00 S.H.I.N.E Bible Study w/ Chandra Jones (TV) 11:15 Resistance Band Exercise (CR) 1:00 Resident Led Games (TV) 1:30 Walk for Charity (AC) 2:45 B*I*N*G*O(TV) 4:00 Mix & Mingle (TH) 6:00 Dominoes (TV)</p>	<p>24 9:15 Sat. Morning Exercise (TV) 9:45 Today in History (ALL) 10:00 Coffee, Cappuccino & Conversation (TH) 11:15 Morning Stretch (CR) 1:30 Wii Bowling (TV) 2:00 Scrabble (TH) 3:00 B*I*N*G*O(TV) 4:00 Dog Club Meets (TH) 6:00 Music by Rod Rishard (TH)</p>
Thanksgiving Day (US)						
<p>25 9:00 NorthEnd Baptist Church-Sunday School (CH) 9:30 Sunday Morning Coffee (TH) 10:15 Today in History (ALL) 11:15 Sit & Stretch (CR) 2:00 Word in a Word (TH) 2:30 Red Hatters B*I*N*G*O (TV) 3:00 Andy Griffin Show (TV) 4:00 Remember When (TH) 6:00 Farkle-Group 2(TH)</p>	<p>26 9:30 Monday Movers Exercise (FC) 10:00 Creative Writing (AC) 11:15 Chair Exercise (CR) 1:15 Resident Led Games (TH) 1:30 Trivia Challenge (TH) 2:45 B*I*N*G*O(TV) 4:00 Time for Wine (TH) 6:00 Skip-Bo Card Game (TV)</p>	<p>27 9:30 Catholic Service (CH) 9:45 Coffee & Conversation (TH) 10:30 Chair Exercise (CR) 11:15 Twist & Shout Exercise (CR) 1:00 Bridge Group (PR) 1:30 Music w/Heart to Heart Band (TH) 3:00 Blood Pressure Check w/Nicole w/Texas Home Health (TH) 4:00 Engage Your Brain 6:00 Dominos (TV)</p>	<p>28 9:30 Zumba w/Tricia (FC) 10:00 Music & Ministry-The Pearson's (CH) 10:00 Pretty Nails (AC) 11:15 Mindful Movement Exercise (CR) 1:00 Bible Lesson w/Claude (TV) 1:30 Who am I? 2:45 B*I*N*G*O(TV) 4:00 Today in History (TH) 6:00 Prayer Meeting w/Roxanne (TV)</p>	<p>29 9:30 Stand Up Exercise (FC) 10:00 At the Fair Crossword (TH) 10:45 Cranium Crunches (TH) 11:15 Sit & Stretch Exercise (CR) 1:00 Christmas Market (TH) 1:30 Mahjongg w/Sandra (TV) 2:30 Farkle (TV) 4:00 Mid Joggers (TH) 6:00 Art from the Heart w/Janet (AC)</p>	<p>30 9:00 Walmart (FL) 9:30 Yoga Exercise w/Celeste (FC) 10:00 S.H.I.N.E Bible Study w/ Chandra Jones (TV) 11:15 Resistance Band Exercise (CR) 1:00 Resident Led Games (TV) 1:30 Blackjack (TH) 2:45 B*I*N*G*O(TV) 4:00 Mix & Mingle (TH) 6:00 Movie & Popcorn (TV)</p>	