

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



September 2018

Belvedere Commons

2000 Principal Ln. Fort Walton Beach, FL- (850)243-7735

1
 9:00 Morning Brew
 10:00 Stroll Through the Courtyard
 11:00 Connect Four
 2:00 Color By Number
 3:00 Jigsaw Puzzle
 6:00 Soothing Tunes
 7:00 Evening Social

2
 9:00 Morning Prayers
 10:00 Yoga Stretch
 11:00 Coffee Social
 2:00 Tell Me About You
 3:00 Church in the Main Dining Room
 6:00 Aromatherapy
 7:00 Hot Tea & a Movie

3
 9:00 Coffee Social
 10:00 Balloon Tennis
 10:30 Manicures
 2:00 Mad Libs
 3:00 Sunflower Art
 6:00 Jigsaw Puzzles
 7:00 Relax & Refresh

Labor Day

4
 9:00 Meet & Greet
 10:00 Morning Stretch
 11:00 BINGO
 2:00 Decorate for August
 3:00 Sing Fit
 6:00 Name that Scent
 7:00 Snack & Chat

5
 9:00 Salvation Army
 10:00 Sit & Be Fit
 11:00 Lunch Bunch
 2:00 Bocce Ball
 3:00 Bible Study
 6:00 Let's Play Jenga
 7:00 Cookies & Conversation

6
 9:00 Current Events
 10:00 Balloon Tennis
 11:00 Smoothies
 1:00 Visit with Dozer
 3:00 Decorating Cupcakes
 6:00 Shoulder Massages
 7:00 Snack & Chat

7
 9:00 Local News
 10:00 Seated Kickball
 11:00 Makeovers
 2:30 Music By Rick
 3:30 BLURT
 6:00 Clipping Coupons
 7:00 Hot Tea Social

8
 9:00 World News
 10:00 Sit & Be Fit
 11:30 Bird Watching in the Court Yard
 2:30 Question Ball Toss
 3:00 Trace & Place
 6:00 Soothing Tunes
 7:00 Saturday Night Movies

9
 9:00 Morning Blessings
 10:00 Beach Ball Fitness
 11:00 Jigsaw Puzzles
 2:00 Soothing Music
 3:00 Church in the Main Dining Room
 6:00 Sorting & Singing
 7:00 Checkers

Grandparents Day

10
 9:00 Local News
 10:00 Tube-R-Cise
 11:00 Elizabeth on the Guitar
 2:00 Milkshakes
 3:00 What Belongs Together
 6:00 Name that Tune
 7:00 Cookies & Conversation

Rosh Hashanah

11
 9:00 Morning News
 10:00 Seated Kickball
 11:00 Fun at the Fair Crossword
 2:00 Bible Stories
 3:00 Music By Harvey
 6:00 Sensory Bean Bags
 7:00 Cookies & Conversation

12
 9:00 Salvation Army
 10:00 Tube-R-Cise
 11:00 Lunch Bunch
 2:00 Who am I?
 3:00 Piano Music
 6:00 Tell Me about You
 7:00 Card Games & Snacks

13
 9:00 What's New in the Neighborhood
 10:00 Seated Kickball
 11:00 Make a Story
 3:00 Name that Object
 6:00 Walk With Me
 7:00 Snacks with Friends

14
 9:00 Meet & Greet
 10:00 Balloon Volleyball
 11:00 Leaf Stamping
 2:00 BuZZ Word
 3:00 Music By Rick
 6:00 Aromatherapy
 7:00 Popcorn Social

15
 9:00 Morning Coffee
 10:00 Yoga Stretch
 11:00 Name that Texture
 2:00 Bayou Review
 3:00 Pamper Me
 6:00 Puzzles
 7:00 Night at the Movies

16
 9:00 Morning Blessings
 10:00 Seated Kickball
 11:00 Share A Bible Verse
 2:00 Tic-Tac-Toe
 3:00 Church in the Main Dining Room
 6:00 Card Games
 7:00 Popcorn & a Movie

17
 9:00 Howdy Neighbor
 10:00 Balloon Volleyball
 11:00 Mad Libs
 2:00 Pictionary
 3:00 Sensory Dough
 6:00 Finnish the Lyrics
 7:00 Popcorn Social

18
 9:00 Sing-A-Long
 10:00 Balloon Badminton
 11:00 Marble Painting
 3:00 Walter on the Accordion
 5:00 Music By Ted
 6:00 Tidy Up
 7:00 Hot Tea Social

19
 9:00 News Update
 10:00 Morning Stretch
 11:00 Lunch Bunch
 2:00 "Last Letter"
 3:00 Bean Bag Toss
 6:00 Hand Massages
 7:00 Soothing Music & Tea

Yom Kippur

20
 9:00 News Update
 10:00 Morning Stretch
 11:00 Name the Bird
 2:00 Painting Bird Houses
 3:00 Trivia
 6:00 Hand Massages
 7:00 Soothing Music &

21
 9:00 World news
 10:00 Sit & Be Fit
 11:00 Water the Flowers
 2:00 Luau Party
 3:00 Aloha Crossword
 6:00 Color By Number
 7:00 Movies & Snacks

22
 9:00 Morning News
 10:00 Parachute Fitness
 11:00 Cookies & Conversation
 2:00 Name that Tune
 3:00 Name that Object
 6:00 Tell Me about You
 7:00 Evening Social

Oktoberfest Begins

23
 9:00 Morning Prayers
 10:00 Movin' and Groovin'
 11:00 Spelling Bee
 3:00 Church in the Main Dining Room
 6:00 Let's Tidy Up
 7:00 Classic Movies & Snacks

24
 9:00 World News
 10:00 Seated Kickball
 11:00 Categories
 2:00 Manicures
 3:00 Banana Splits
 6:00 Sorting & Singing
 7:00 Classic Movies

Sukkot

25
 9:00 Local News
 10:00 Beach Ball Fitness
 11:00 Pamper Me
 2:00 Watercolor Painting
 3:00 I Spy
 6:00 Math Trivia
 7:00 Iced Tea Social

26
 9:00 Current Events
 10:00 Yoga Stretch
 11:00 Lunch Bunch
 2:00 Horse Shoes
 3:00 Art Museum Mad Lib
 6:00 Card Games
 7:00 Netflix Movies

27
 9:00 Current Events
 10:00 Yoga Stretch
 11:00 Lunch Bunch
 2:00 Horse Shoes
 3:00 Art Museum Mad Lib
 6:00 Card Games
 7:00 Netflix Movies

28
 9:00 Morning Brew
 10:00 Tube-R-Cise
 11:00 2:00 Resident Birthday Party
 3:00 Music By Harvey
 6:00 Card Games & Snacks
 7:00 Netflix & Snacks

29
 9:00 Current Events
 10:00 Walk With Me
 11:00 Colored Pencil Art
 2:00 Feed the Birds
 3:00 Connect the Dots
 6:00 Singing & Snacking
 7:00 Favorite Movies

30
 9:00 Morning Prayers
 10:00 Movin' and Groovin'
 11:00 Spelling Bee
 3:00 Church in the Main Dining Room
 6:00 Jigsaw Puzzles
 7:00 Relax & Refresh

Cognitive/Intellectual Sensory/Stimulation Exercise Creative Social/Emotional Spiritual Enrichment Productive/Life Skills Emotional Support/One on One

Interested in volunteering? Call Janine at 850-243-7735 Our Residents are continually involved in Fitness, outings, Games, Music, Social Activities & Spiritual Events. If you have some time or a talent to share, we'd love to have you join our Belvedere Commons Family of Volunteers